

**Mental Health and Addictions Psychologists
(July 2023)**

Dr. Marcie Balch

Ph.D., 2015, University of New Brunswick

Psychology Professional Practice Leader (IWK)

Psychologist, Community Mental Health and Addictions (Sackville Site)

Clinical Interests: Assessment and treatment (primarily cognitive behavioural therapy and ACT) of children and adolescents with anxiety and mood disorders; cognitive assessments for diagnoses of learning disabilities. I also have DBT training and work with youth with BPD features.

Research Interests: Program evaluation, self-concept in adolescents

Email: marcie.balch@iwk.nshealth.ca

Dr. Kristina Bradley

Ph.D., 2016, University of Ottawa

Psychologist, Community Mental Health and Addictions (Dartmouth Site)

Clinical Interests: cognitive and developmental assessments, behavioural interventions for children with neurodevelopmental disorders, CBT for anxiety, OCD, and mood, DBT for emotionally dysregulated adolescents, CBT groups for anxiety, and DBT skills group

Research Interests: Child and Adolescent Mental Health, Mental Health Promotion, Prevention, iCBT, Psychotherapy Processes, Health Behaviour Change, Health Services Research, Group-based interventions.

Email: Kristina.Bradley@iwk.nshealth.ca

Dr. Mallory Campbell

Ph.D., 2019, OISE/University of Toronto

Psychologist, Community Mental Health and Addictions (Dartmouth Site)

Clinical Interests: Individual and group treatments for children with anxiety and disruptive behaviour disorders. Individual and group treatments for adolescents with anxiety, OCD, emotion dysregulation, mood, and concurrent disorders. Interventions primarily informed by dialectical-behavioural, cognitive behavioural and behavioural approaches. Cognitive and psychodiagnostic assessments of children and adolescents.

Research Interests: Substance use and Emerging Adulthood.

Email: Mallory.campbell@iwk.nshealth.ca

Dr. Jill Chorney

Ph.D., 2006, West Virginia University

Psychologist, Community Mental Health and Addictions (Halifax), Advanced Practice Leader: Behavior Change

Clinical Interests: Youth with comorbid mental health and physical health conditions, youth (especially adolescents) with anxiety disorders and mood disorders. Primary theoretical orientation is behavioral and clinical work is grounded in third wave cognitive behavioral therapies (mostly Acceptance and Commitment Therapy, Dialectical Behavior Therapy).

Research Interests: Shared decision-making, implementation science, behavior change, health services research, psychological interventions for pediatric acute and chronic pain

Email: jill.chorney@iwk.nshealth.ca

Dr. Sharon Clark

Ph.D., 2002, Dalhousie University

Advanced Practice Leader: CAPA Psychologist, Community Mental Health and Addictions – Dartmouth

Clinical Interests: Innovating mental health care provision that is based on the Choice and Partnership Approach set on a foundation of continuous improvement. In direct care delivery, I particularly enjoy working with youth and families where attachment-based interventions including CONNECT parent group can be helpful. Primary theoretical orientation is CBT informed by attachment perspectives and pattern recognition using whiteboards as a way to engage clients differently. Oversee facilitation of the Choice appointment learning clinic to support core therapeutic skill development.

Research Interests: Shared decision making, health service delivery particularly CAPA informed and training methods to support core skill development for clinicians.

Email: sharon.clark@iwk.nshealth.ca

Dr. David A. Clinton

Ph.D., 2009, Palo Alto University

Psychologist, Community Mental Health and Addictions (Sackville)

Clinical Interests: Assessment and treatment of children and adolescents with a variety of mental health concerns including, but not limited to, anxiety disorders, mood disorders, psychotic disorders, personality disorders, eating disorders, and family/relational issues.

Treatment approaches include a blend of Psychodynamic psychotherapy, CBT, DBT, emotion-focused, attachment-based, and family-based therapies, FBT for eating disorders, and EMDR.

Research Interests: (Not currently engaged in active research) Exploring the underlying process of change in therapies that promote positive outcomes.

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Dr. Laura Connors

Ph.D., 2013, York University

Psychologist, Community Mental Health and Addictions (Sackville site)

Clinical Interests: Assessment and treatment of children and adolescents with a variety of mental health concerns, including eating disorders, anxiety disorders, and mood disorders; assessment of learning difficulties. Treatment typically using cognitive behavioural and emotion-focused approaches, involving family-based, dyad, and individual approaches; parent emotion coaching.

Research Interests: Development and evaluation of Emotion-focused family therapy (EFFT); self-efficacy in treatment; parents/caregivers impact on youth mental health outcomes

Email: laura.connors@iwk.nshealth.ca

Dr. Aimée Coulombe

Ph.D., 2011, University of Western Ontario

Psychologist, Co-Clinical Team Lead, Community Mental Health and Addictions (Halifax)

Clinical Interests: Treatments targeting emotional, behavioural, cognitive, and interpersonal dysregulation. Complex case formulation and goal-based outcomes. Building emotional awareness and competence; emotion coaching. Attachment, trauma, and parenting. Sleep.

Research Interests: Pediatric sleep; knowledge translation; service delivery models.

Email: Aimee.Coulombe@iwk.nshealth.ca

Dr. Heather Durdle

Ph.D., 2008, University of Windsor

Psychologist, Adolescent Intensive Services (Concurrent Care Area)

Clinical Interests: Substance use, problem gambling, smoking cessation, group treatment.

Research Interests: Program evaluation, brief motivational interventions.

Email: heather.durdle@iwk.nshealth.ca

Dr. Debbie Emberly

Ph.D., 2011, Dalhousie University (Psychology); M.Sc., 2000, Acadia University (Clinical Psychology) (NSBEP registration based on M.Sc.)

Psychologist/Clinical Practice Leader (Youth Forensic Services)/ Advanced Practice Leader, Research, Evaluation and Outcomes

Clinical Interests: Impact of measurement based care on mental health outcomes; Assessment and treatment of children and adolescents with a variety of mental health concerns, including those involved in the criminal justice system; Primary orientation is CBT with a foundation on shared decision making and the utilization of the Choice and Partnership Approach (CAPA).

Research Interests: The implementation of measurement based care; understanding what matters to clients and families including the use of goals; and the client experience of service. How to use, analyze and share point of care clinical data for health systems improvement; program evaluation; health services/system research.

Email: debbie.emberly@iwk.nshealth.ca

Dr. Isabel Fearon

Ph.D., 2000, Queen's University

Psychologist, Community Mental Health and Addictions (Halifax Clinic); Consulting Psychologist, Complex Case

Clinical Interests: externalizing behaviours, parenting (especially in the context of ADHD, ASD, or other neurodevelopmental disorder), co-parenting stress, parent-child relationships, self-regulation in young children, complex case formulation and treatment planning

Research Interests: not currently engaged in research activities

Email: isabel.fearon@iwk.nshealth.ca

Dr. Trisha-Lee Halamay

Ph.D., 2022, University of New Brunswick

Psychologist, Community Mental Health and Addictions (Halifax)

Clinical Interests: Assessment and treatment of children and adolescents with a variety of mental health concerns including anxiety, depression, obsessive-compulsive disorder, ADHD, and health-related issues impacting mental health. Treatment is informed by evidence-based practices including cognitive behaviour therapy, acceptance and commitment therapy, solution-focused coaching, and positive behaviour support. Service delivery includes individual, parent support, and group therapy.

Research Interests: Adolescent informal help-seeking behaviour (not currently active in research)

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Ms. Peyton Harris

M.A.S.P., 2003, Mount Saint Vincent University

Psychologist, Youth Forensic Services

Clinical Interests: Assessment and treatment of youth who are involved in the justice system with the aim of mitigating risk to reoffend, in order to improve the quality of life for youth and to increase public safety. Helping youth with ADHD and other disruptive behaviour disorders, antisocial personality traits and attitudes, complex trauma and other internalizing disorders common in forensic youth populations, and learning problems. Behavioural interventions for youth involved in the justice system. Advocacy for justice-involved youth in school, community and custody settings. Working effectively with diverse and marginalized populations.

Research Interests: Effective treatment and programming for youth involved in the justice system employing a Risk, Needs, Responsivity (RNR) lens, with an emphasis on developing the life skills necessary to operate more successfully in the world. Examining whether the development of a step-down approach for justice-involved youth in Nova Scotia should be considered to help youth successfully transition from custody to community settings when a high level of transition support is required

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Dr. Amber Johnston

Ph.D., 2013, University of Guelph; M.A., 2007, University of Guelph

Psychologist, Community Mental Health and Addictions (Dartmouth Site), Eating Disorders Specific Care Clinic

Clinical Interests: Assessment and treatment of children and adolescents with a variety of mental health concerns including: eating disorders, anxiety disorders, OCD, mood disorders, and disruptive behaviour disorders. Models of practice are influenced by behavioural models, attachment theory, and family systems theory. Service delivery includes individual, group, and family therapy.

Research Interests: (not currently active in research) development and evaluation of Acceptance and Commitment Therapy (ACT) with adolescents and their parents.

Email: amber.johnston@iwk.nshealth.ca

Dr. Ann Marie Joyce

Ph.D., 2007, Dalhousie University

Psychologist, OCD Specific Care Clinic (0.5 FTE) and Community Mental Health and Addictions (Dartmouth Site, 0.4 FTE)

Clinical Interests: Assessment and treatment of children and adolescents with OCD, ASD, anxiety disorders, ADHD, or complex presentations using a cognitive-behavioural model. Parenting training in behavior management for any mental health presentation.

Research Interests: (not currently active in research) ADHD subtypes and their relationship to other disorders; learning disabilities; definition of intelligence; outcome and program evaluation.

Email: ann.joyce@iwk.nshealth.ca

Dr. Brynn Kelly

Ph.D., 2011, University of Southern California

Psychologist, Eating Disorders Specific Care Clinic

Clinical Interests: Current work primarily focuses on assessment and treatment of children and adolescents with eating disorders, with additional interests in the assessment and treatment of trauma, anxiety disorders, and externalizing behaviour disorders; Utilization of evidence-based treatment modalities (e.g., Family Based Treatment for Anorexia and Bulimia Nervosa, CBT - including Trauma-Focused and Eating Disorder types), with a family systems lens; Program development & evaluation, consultation, and supervision

Research Interests: Evidence-based assessment and intervention; Emotional, behavioural, and social adjustment during childhood and adolescence; Childhood violence exposure and trauma

Email: brynn.kelly@iwk.nshealth.ca

Dr. Celeste Lefebvre

Ph.D., 2007, Dalhousie University

Psychologist, Youth Forensic Services [including the Initiative for Sexually Aggressive Youth (ISAY) Program]

Clinical Interests: Assessment and treatment of youth who engage in general, violent and/or sexually inappropriate behaviours that have crossed legal lines, with a specialization specific to sexual offending.

Research Interests: Assessing risk for general, violent or sexual recidivism and treatment/rehabilitation for justice-involved youth

Email: Celeste.Lefebvre@wk.nshealth.ca

Dr. Emma MacDonald

Ph.D., 2016, Toronto Metropolitan University (Formerly known as Ryerson University)

Psychologist, The Garron Centre for Child and Adolescent Mental Health

Clinical Interests: Assessment and treatment of children and adolescents with a variety of mental health concerns including: anxiety disorders, mood disorders, OCD, personality disorders, and family/relational issues. Treatment is evidence-based and informed by CBT, DBT and ACT interventions.

Research Interests: Program evaluation

Email: emma.macdonald@iwk.nshealth.ca

Dr. Heather MacLatchy

Ph.D., 2002, Dalhousie University

Psychologist, Adolescent Intensive Services

Clinical Interests: Assessment and treatment of adolescents with a wide range of mental health disorders, particularly anxiety and mood disorders; group intervention; parenting skills; psychoeducational assessment; program development.

Research Interests: Not currently engaged in research

Email: heather.maclatcheygaudet@iwk.nshealth.ca

Dr. Jeff MacLeod

Ph.D., 2016, Dalhousie University

Psychologist, Youth Forensic Services (Sydney, NS)

Clinical Interests: Mental health assessment and treatment; Psychoeducational assessment; Autism Spectrum Disorder; Youth Forensic assessment and treatment

Research Interests: Not currently engaged in research

Email: jeff.macleod@iwk.nshealth.ca

Dr. Ainslie McDougall

Ph.D., 2014, University of New Brunswick

Psychologist, Youth Forensic Assessment Services

Clinical Interests: Psychological and risk assessments of youth who engage in general, violent, and/or sexually inappropriate behaviours.

Research Interests: Antisocial behaviour in adolescent populations, how responsivity factors can impact offender rehabilitation, short- and long-term risk assessments

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Dr. Meredith Pike

Ph.D., 2013, University of Guelph

Psychologist, Community Mental Health and Addictions (Dartmouth Site)

Clinical Interests: Assessment and treatment of children and adolescents with various mental health concerns, including internalizing and externalizing disorders; special interest on parent intervention for the same. Diagnostic and psychoeducational assessments of cognitive, emotional, and behavioural disorders. Treatment approaches typically include a blend of cognitive-behavioural, behavioural and emotion-focused approaches.

Research Interests: Cognitive correlates of academic achievement.

Email: meredith.pike@iwk.nshealth.ca

Dr. Alice Prichard

Ph.D., 2011, York University

Psychologist, Community Mental Health and Addictions (Dartmouth)

Clinical Interests: Assessment and treatment of children and adolescents with various mental health concerns, including internalizing and externalizing disorders. Special interest in working with children and adolescents with neurodevelopmental disorders, including autism spectrum disorder. Diagnostic and psychoeducational assessments of cognitive, emotional, and neurodevelopmental disorders. Treatment approaches typically include a blend of cognitive-behavioural, behavioural, and attachment-based interventions.

Research Interests: not currently engaged in research activities.

Email: alice.prichard@iwk.nshealth.ca

Dr. Anna Richter

Psy.D., 2016, Memorial University of Newfoundland

Psychologist, Community Mental Health and Addictions (Halifax Site)

Clinical Interests: Treatment of children and adolescents with mood, anxiety and behaviour disorders. Treatment modalities include CBT and ACT. I have a background in school psychology and am interested in psychoeducational assessment as well as adapting treatment for youth with learning disorders.

Research Interests: Not currently active in research.

Email: anna.richter@iwk.nshealth.ca

Dr. Kate Robertson

Ph.D., 2012, The Graduate Center, City University of New York

Psychologist, The Garron Centre for Child and Adolescent Mental Health

Clinical Interests: Assessment and treatment of children and adolescents with a variety of mental health concerns including: anxiety disorders, mood disorders, OCD, psychosis, personality disorders, and family/relational issues. Treatment approaches include a blend of DBT, attachment-based therapy, psychodynamic psychotherapy, family-based therapy, and CBT.

Research Interests: Attachment, relationship between attachment and resilience, cross-cultural understanding of resilience. (not currently active in research).

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Dr. Lauren Rosen

Psy.D., 2010, Adler University

Psychologist, Community Mental Health and Addictions (Sackville Site)

Clinical Interests: Assessment and treatment of children and adolescents with a wide variety of presenting problems, including anxiety, OCD, eating disorders, depression, ADHD, learning disabilities, and family relational issues. Treatment modalities include CBT, ACT, FBT, and solution focused therapy.

Research Interests: Relationship between eating disorders, body image, and self-esteem; OCD.

Email: lauren.rosen@iwk.nshealth.ca

Dr. Stephanie Ryan

Ph.D., 2019, York University

Psychologist, Community Mental Health and Addictions (Halifax Site)

Clinical Interests: Assessment and treatment of children and adolescents with a range of presenting issues, including anxiety, mood, obsessive compulsive disorder (OCD), disruptive behaviours, autism spectrum disorder, family difficulties; psychodiagnostic assessments and psychoeducational assessments. Treatment modalities include CBT, ACT, and DBT.

Research Interests: Mental health in children and adolescents with autism spectrum disorder and intellectual disabilities. (not currently active in research)

Email: stephanie.ryan@iwk.nshealth.ca

Ms. Katie Smith Carroll

MASP., 2005, Mount Saint Vincent University

Psychologist, Clinical Interventionist-Provincial Trainer, Early Intensive Behavioural Intervention, Autism Team

Clinical and Research Interests: Autistic Spectrum Disorders (ASD), Applied Behaviour Analysis (ABA), Positive Behaviour Support (PBS), Pivotal Response Treatment (PRT).

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Dr. Stephanie Snow

Ph.D., 2019, Dalhousie University

Psychologist, Co-Clinical Team Lead, Community Mental Health and Addictions (Halifax)

Clinical Interests: Joint formulation and collaborative treatment planning, measurement-based care, consultation, peer supervision/capacity building. Clinical populations include children and youth (up to 19) presenting with range of moderate to severe mental health concerns. Training in and enjoy working with individuals with comorbid neurodevelopmental and/or health related challenges. Primary theoretical orientation is third wave cognitive behavioural. Preferred format is to engage families/caregivers in treatment wherever possible.

Research Interests: (not currently active in research).

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Dr. Catherine Stewart

Ph.D., 2012, University of Saskatchewan

Psychologist, Youth Forensic Services

Clinical Interests: Psychological and risk assessments of youth who engage in general, violent, and/or sexually inappropriate behaviours; Intervention

Research Interests: Risk assessment for general, violent or sexual recidivism and treatment/risk management for justice-involved youth and adults

Email: catherine.stewart@iwk.nshealth.ca

Dr. April Sullivan

Ph.D., 2010, York University

Psychologist, Adolescent Intensive Services (AIS)

Clinical Interests: Mental health assessment and treatment of adolescents and families. The AIS program is delivered by a multidisciplinary team and uses an attachment-based model to help families improve their functioning following significant adverse life events. In addition to attachment theory, the program utilizes a trauma informed lens and family systems theory to help families understand their difficulties as they relate to more recent traumatic life events and transgenerational patterns. The group therapy topics included Life Skills, DBT (Core Mindfulness, Distress Tolerance, Emotion Regulation & Interpersonal Effectiveness Skills), and Recreation Therapy.

Research Interests: Developmental trajectories of children and adolescents enrolled in intervention programs; program development and evaluation.

Email: april.sullivan@iwk.nshealth.ca

Dr. Kim Tan-MacNeill

Ph.D., 2020, Dalhousie University

Psychologist, Community Mental Health and Addictions (Dartmouth Site)

Clinical Interests: Assessment and treatment of children and adolescents with anxiety disorders, disruptive behaviour disorders, neurodevelopmental disorders, and emotional dysregulation.

Treatment approaches are informed by Cognitive Behavioural Therapy, Acceptance and Commitment Therapy, and Dialectical Behaviour Therapy. Special interests include behavioural treatment for sleep problems and comorbid mental health concerns in children/teens with neurodevelopmental disorders such as autism spectrum disorder or ADHD.

Research interests: Sleep in children with neurodevelopmental disorders; the impact of sleep problems and mental health on caregivers; parent-mediated interventions

Email: kim.tan-macneill@iwk.nshealth.ca

Dr. Lindsay Uman

Ph.D., 2009, Dalhousie University

Psychologist, Community Mental Health and Addictions (Dartmouth Site)

Clinical Interests: Assessment and treatment of children and adolescents with anxiety disorders, disruptive behaviour disorders, mood disorders, learning issues, and health-related issues affecting mental health. Treatments are typically cognitive-behavioural and involve individual, group, and parent training components.

Research Interests: Psychological interventions for pediatric pain, systematic reviews, relationship between pain and anxiety, and quality improvement of randomized controlled trials.

Email: lindsay.uman@iwk.nshealth.ca

Dr. Rosalind Woodworth

Ph.D., 2014, University of Tasmania

Psychologist, Family Intensive Outreach Service (FIOS)- Adolescent and Children's Intensive Services (AIS/CIS)

Clinical Interests: Family-based treatment of children and adolescents with disruptive behaviour disorders; outreach services for families with complex needs; diagnostic and psychoeducational assessments; ADHD and learning challenges; program evaluation and development.

Research Interests: program and outcome evaluation, positive psychology

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