



# Autism Education Series

Explore resources to support your family in learning more about autism.



Scan here with your smartphone camera to learn more and access the Autism Education Series:



[Visit the IWK Health Website](#)



# Autism Education Series:

The resources below have been created to support families with preschool-age children to learn more about autism.

## Understanding Autism / Comprendre l'autisme

*EN: Learn about the features of autism, support services, and autism acceptance.*

*FR: Découvrez les caractéristiques de l'autisme, les services de soutien, et l'acceptation de l'autisme.*

## Making Sense of Behaviour

*Understand the meaning of behaviour and strategies to teach skills.*

## Parent Perspectives

*A Parent and Family Advisor shares their family's autism journey.*

## Exploring Play

*Explore ideas for playing together with your child.*

## Engagement

*Set up the stage for your child's communication.*

## Social Communication

*Build your child's social communication skills.*

## Positive Behaviour Support

*Respond to behaviours of concern and teach your child new skills in daily routines.*

## Toileting

*Prepare to teach toileting, practice the skills, and show your child that they are successful.*

## Self-Care for Parents and Caregivers

*Reminders about how important it is to ask for help and to take care of yourself.*