

## Pregnant in Central Zone (Halifax and surrounding area) and looking for a prenatal provider?



You DO NOT need a referral to see a Family Doctor who delivers babies (FM-OB, or “family medicine-obstetrics”, family doctors who have extra experience with prenatal care, low risk deliveries, and postpartum care)

*The list below includes FM-OB providers in the Halifax area who follow pregnant patients for the duration of their pregnancy in their community clinics and deliver babies at the IWK. Depending on volume of requests, specific physician or clinic availability may vary over time, you may need to call more than one clinic.*

Our providers are grouped  
into the following areas:

→ HALIFAX CENTRAL (page 2)

→ CLAYTON PARK (page 3)

→ BEDFORD (page 3)

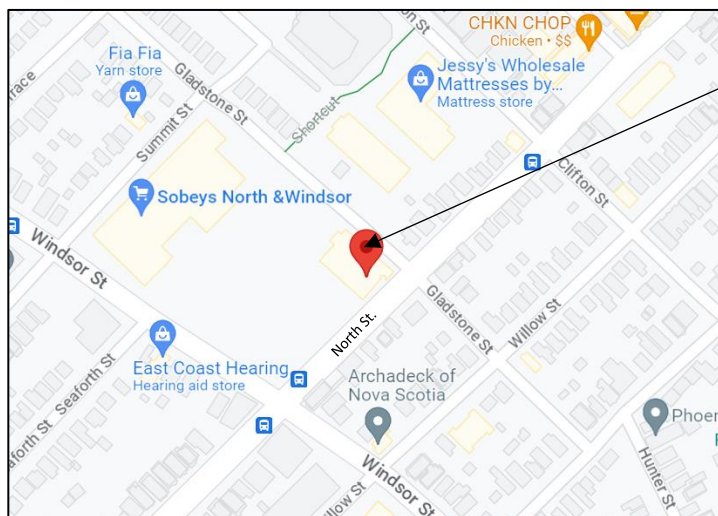
→ SPRYFIELD / TIMBERLEA / TANTALLON (page 4)

→ DARTMOUTH (page 5)

**Please note:** These providers are unable to take patients on as their long-term family doctor. If you have no family doctor, please place yourself on the [Nova Scotia Need a Family Practice Registry](https://www.nova-scotia.ca/health-services/primary-care/family-practice-registry/). During your pregnancy, your baby can also be added to the Unattached Newborn list to ensure your baby has care for the first few months of life while awaiting attachment to a long-term family doctor.

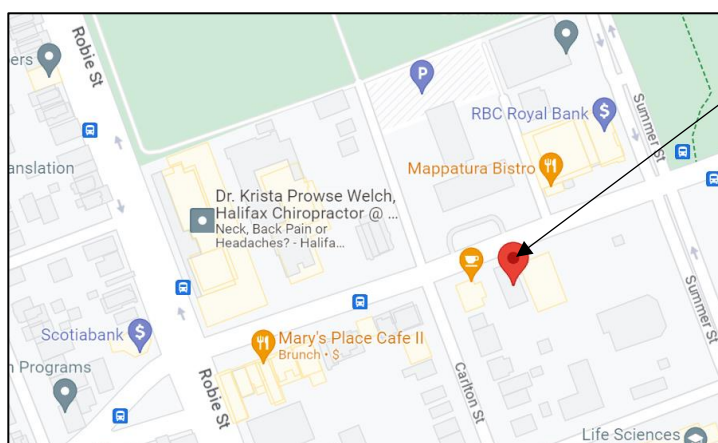
## HALIFAX CENTRAL

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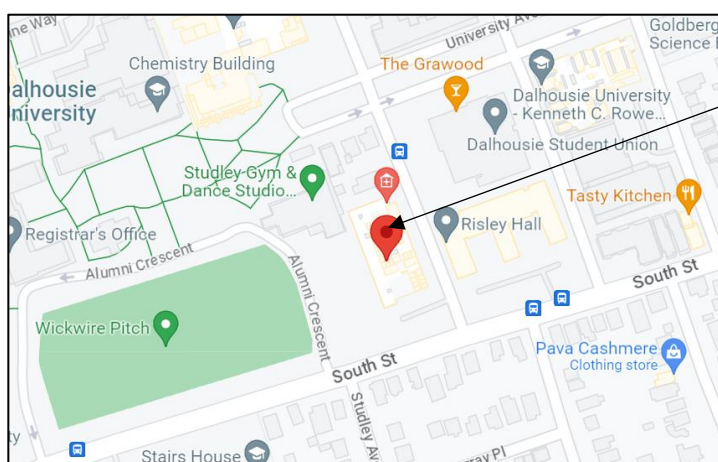
**Dr. Kathie Glazebrook**  
Richmond Family Practice  
201-6155 North St.

Phone #: 902-453-3511



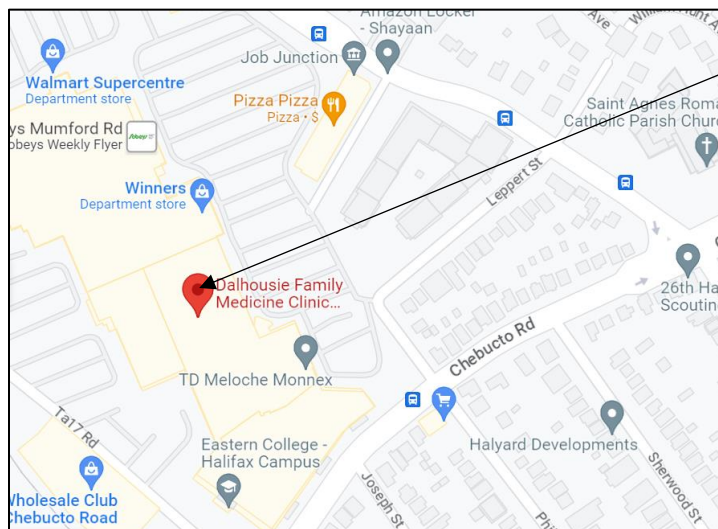
**Dr. Allegra Lywood**  
307-5880 Spring Garden Rd.

Phone #: 902-446-3730  
or  
902-425-4990



**Dr. Cathy Connell**  
Dalhousie Student Health & Wellness Centre  
1246 LeMarchant St.

Phone #: 902-494-2171



**Dalhousie Family Medicine – Mumford**

**Dr. Roetka Gradstein**

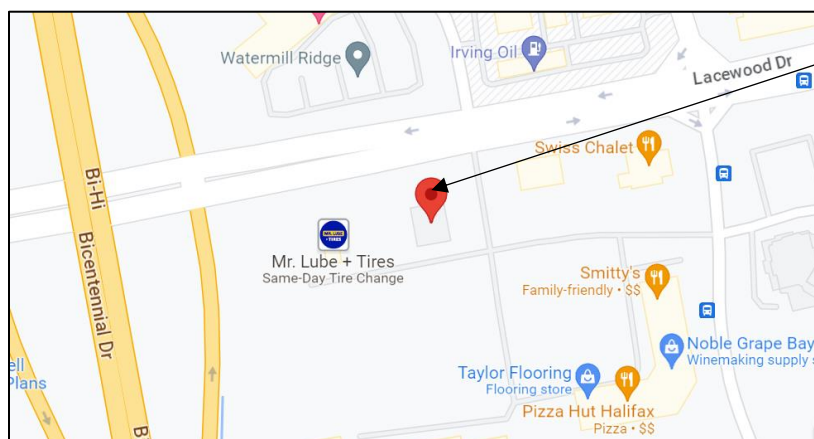
**Dr. Jacalynne Hernandez-Lee**

Dalhousie Family Medicine Clinic – Mumford  
0265-6960 Mumford Rd.

Phone #: 902-473-4700

## CLAYTON PARK

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**Dr. Cathy Connell &**

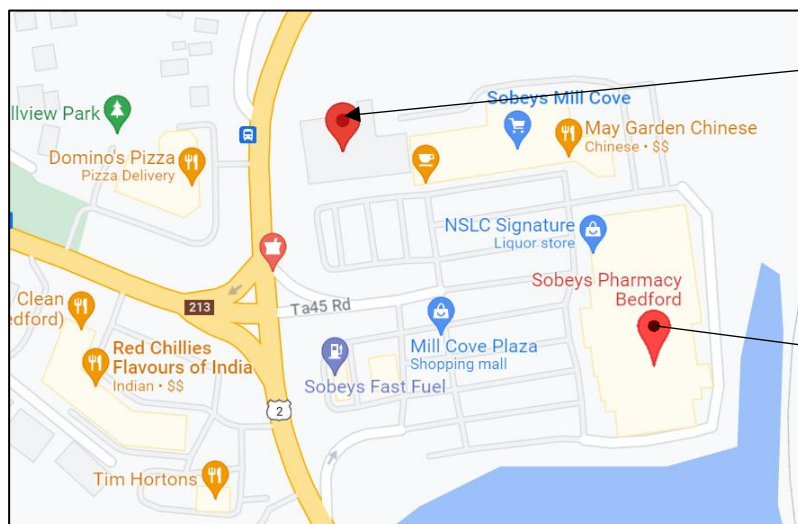
**Dr. Angela Poirier**

Regency Park Medical  
366 Lacewood Dr.

Phone #: 902-407-6100

## BEDFORD

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**Dr. Meghan Bebbington**

**Dr. Elise Deveau**

**Dr. Amy Ellis**

**Dr. Alicia Williams**

Bedford Waterfront Clinic  
207-967 Bedford Hwy.

Phone #: 902-835-6444

**Dr. Lisa Griffin**

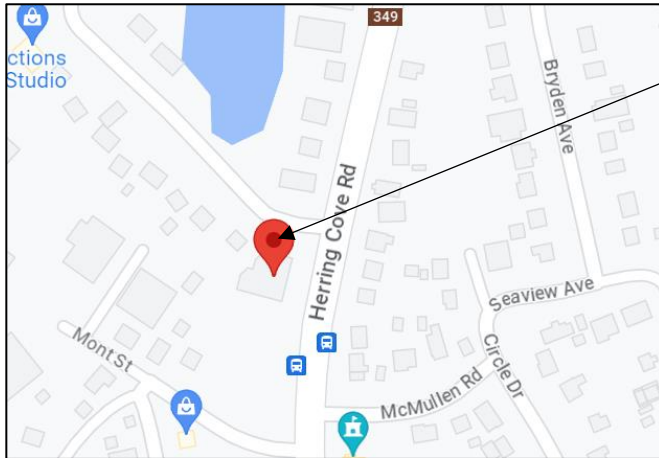
ScotiaMed

955 Bedford Hwy.

Phone #: 902-832-2380

## SPRYFIELD / TIMBERLEA / TANTALLON

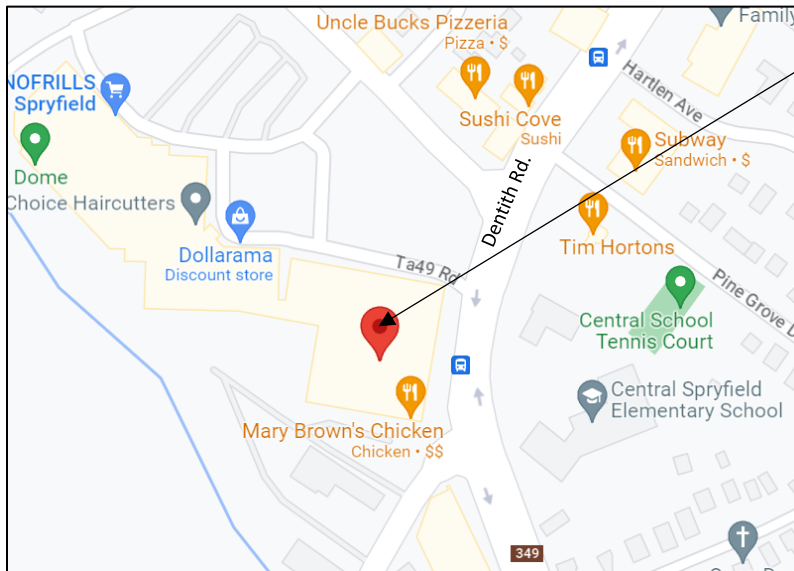
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**Dr. Angela Giacomantonio &  
Dr. Rachel Shaw**

Spryfield Medical Clinic  
205 Herring Cove Rd.

Phone #: 902-477-5693



**Dalhousie Family Medicine – Spryfield**

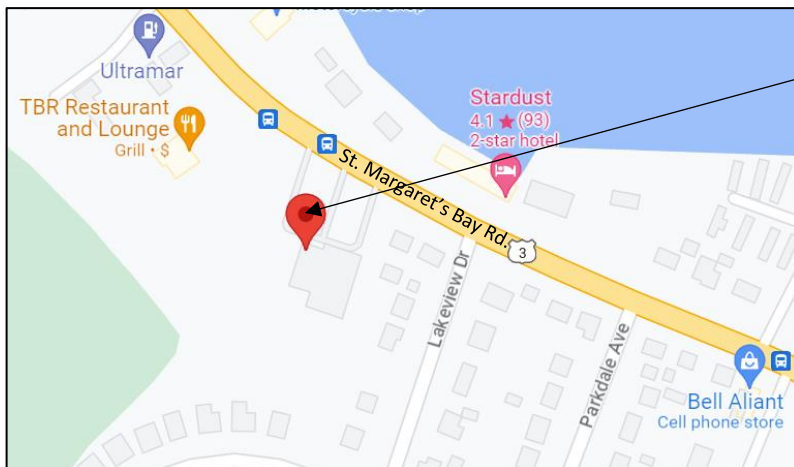
**Dr. Lynn Bussey**

**Dr. Anita Hernandez**

**Dr. Anna Neumann**

Dalhousie Family Medicine Clinic – Spryfield  
16 Dentith Rd.

Phone #: 902-473-1234

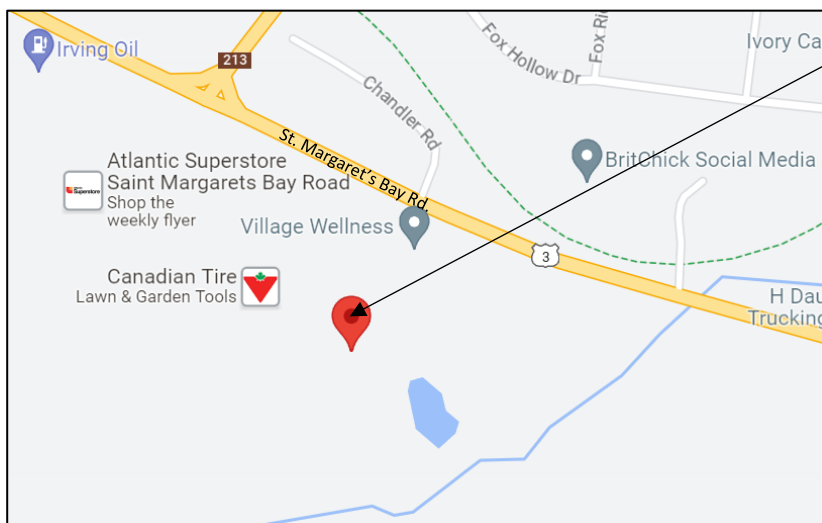


**Dr. Carmen Burnatowski &  
Dr. Megan LeGrow**

Ravines Timberlea  
1802 St Margaret's Bay Rd.

Phone #: 902-706-1850

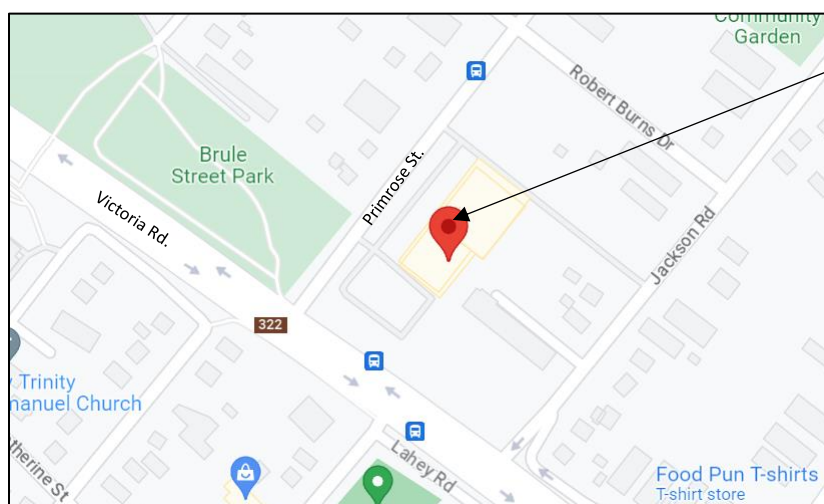




**Dr. Ashley Williams**  
Crossroads Family Practice  
201-5110 St. Margaret's Bay Rd.

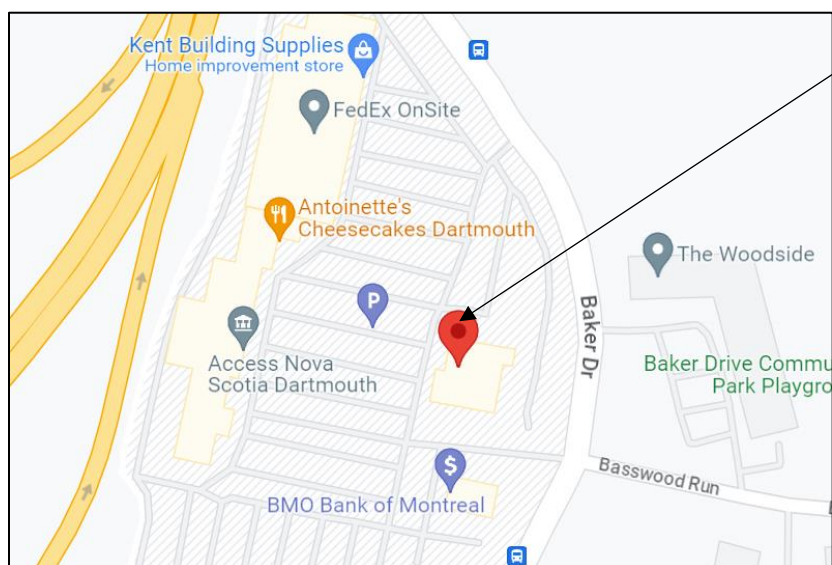
Phone #: 902-826-9096

## DARTMOUTH



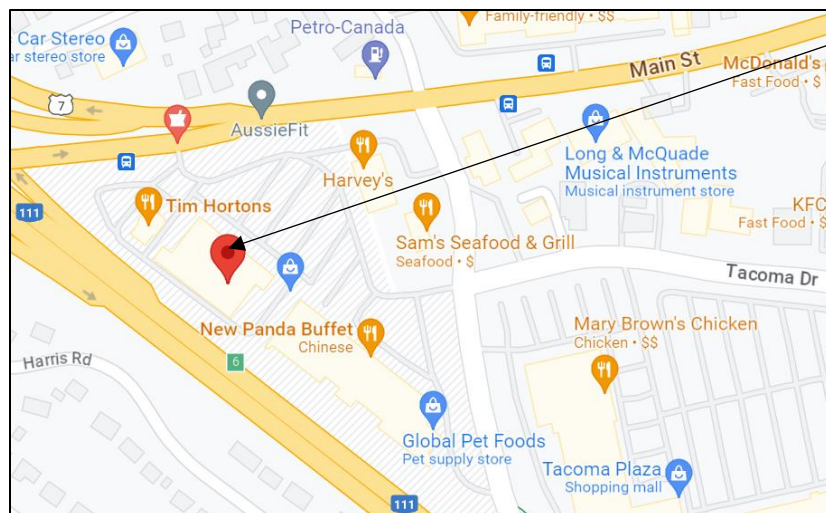
**Dr. Janet Howard &  
Dr. Kim Murray**  
Albro Lake Medical Center  
6 Primrose St.

Phone #: 902-465-4444



**Dr. Hilary Kinnear**  
Cole Harbour Family Medicine  
203 – 240 Baker Dr.

Phone #: 902-435-6312



**Dr. Michelle Raiche-Marsden**  
**Dr. Carla MacDonald**  
**Dr. Edith Lafleur**  
**Dr. Renee Hart**  
**Woodlawn Clinic**  
**92 Main St.**

**Phone #: 902-434-1500**