



# EARLY PREGNANCY LOSS

## Support Information

### Social Work

Support and grief counselling is offered by our Women's Health Social Worker. Please reach out if you need further support at any time. If you have already agreed to being contacted, they will be reaching out to you.

#### **IWK Women's Health Social Worker:**

Linda MacEachern (She/Her) MSW,RSW 902-470-7989 (tel)

### Online Resources:

**You may find these online resources helpful.**

**IWK Pamphlet:  
Miscarriage &  
Early Loss**



**BC Women's  
Hospital: What  
is Miscarriage?**



**Helping your  
family heal after  
miscarriage**



**Sunnybrook  
Hospital:  
PAIL network**



**Pregnancy and Infant  
Loss Support Centre**



**Podcast: The  
Miscarriage  
Therapist**



**There is no right or wrong way to grieve.  
There is simply your way.**

*Emily Long*