

# INFORMED CHOICE



Giving consent is not the same as choice. Choice is about knowing all of your options and having the time and space to make a decision which suits your individual needs. Here is how Informed Choice works.....

## #1

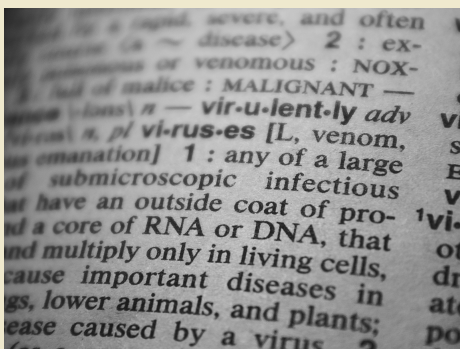
### INDIVIDUAL NEEDS

You have had a conversation with your provider where you were able to share openly the personal needs you have.



## #2

### I UNDERSTAND



Your care provider has explained your care options to you in language that you understand.

## #3

### TIME FOR QUESTIONS

Your care provider has taken the time to review the risks and benefits of various parts of your care and you have had time to ask questions.



## #4

### FAMILY CENTRED

Your care provider has made it clear that your family/support people are welcome, respected and included in the conversations during your care.

## #5

### I MAKE DECISIONS

Care providers give information and discuss the options for your care.

They can't make the decisions for you - that's up to you! You can do it!

