



IWK Health

Pediatric Rehabilitation
Services

The Village News

June's Special Dates

12 – Shavuot

16 – Fathers' Day

17 – Eid al-Adha

21 – National Indigenous
Peoples Day

June 2024

- Parents of Complex Children Support Group
- Camp Triumph
- Brigadoon Camp Dates
- Camp Inclusion-Summer Camp
- First Tee - Adaptive Try-Golf
- Recruiting for F-words Foundation Course
- Autism Education Series
- Manual Wheelchair Study
- Interplay Research Study
- Parasport

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Support Group for Parents of Children with Complex Care Needs



Next Virtual Meeting
Wednesday, June 12th, 2024
7:00-8:30 p.m.



This is a journey that does not have to be taken alone.
We can do this together!



If you are interested in attending, please contact Jackie Pidduck
jacklynn.pidduck@iwk.nshealth.ca



VOLUNTEER **as a Camp Counsellor**

A camp for children who have a family member with an illness or disability

Help to lead activities. Build relationships with the campers.



Session 2: July 20 - 27

Session 3: July 27 - Aug 3

Session 5: Aug. 10 - 17

Session 6: Aug. 17 - 24

Apply online at camptriumph.ca

Where kids with a sick family member GET TO BE KIDS AGAIN.



A camp for children who have a family member with an illness or disability



APPLY
NOW



Registration is FREE ☐ For more info and to apply, visit: CAMPTRIUMPH.CA

BRIGADOON

VILLAGE

2024
Camp
Programs



WEEK 1

June 30th - July 5th

Camp Silly-Yak
Celiac Disease

**Summer Leadership
Program**

WEEK 2

July 7th - July 12th

Camp Whatcha Say
Deaf or Hard of Hearing

Camp Lots-a-Wata
Kidney Disease

Camp Braveheart
Heart Conditions

Camp Trailblazers
Craniofacial Differences

WEEK 3

July 14th - July 19th

Camp JoinTogether
Juvenile Arthritis

WEEK 4

July 21st - July 26th

Camp Solace
Family Bereavement

Camp BELIEVE
Parental Mental Illness

WEEK 5

July 28th - August 2nd

Camp Treasure Chest
*Asthma, Anaphylaxis,
Lung Conditions*

Camp Clots-of-Fun
Bleeding Disorders

WEEK 6

August 4th - August 9th

**Canadian Cancer Society's
Camp Goodtimes**
*Living with
or Beyond Cancer*

WEEK 7

August 11th - August 16th

Camp Guts & Glory
IBD & Ostomies

Camp Got2Go (ON+QC)
IBD & Ostomies

WEEK 8

August 18th - August 23rd

Camp Carpe Diem
Epilepsy

Camp See-Ya
Blind or Visually Impaired

Camp Brainiac
Neurosurgery Conditions

Giving extraordinary kids a chance to be ordinary

Visit our website to learn more and apply!

1-888-471-5666 | camp@brigadoonvillage.org

www.brigadoonvillage.ca



CLUB INCLUSION

Summer Camp 2024

Club Inclusion Halifax- St. James Church Hall, 2652 Joseph Howe Drive and in the community!

Week 1: Wet and Wild July 2-5 (Excludes Canada Day Holiday Monday)

Cool off with this wet and wild week! Activities include: Water squirt challenges, fruit smash pinatas, water gun painting, sink or float boats, body painting tic tac toe, wet games and water fights, slime, whipped cream diving, swimming at Albro Lake, and more!

Week 2: Retro Vibes July 8-12

Journey through time with favourite activities from years past. Activities include: Historical theater, the capture of Bonnie and Clyde, 90's Grunge lip sync contest, classic cooking, Club style soda shoppe and car hop drive in, vintage games, dance, fashion show, roaring 20's prohibition party, trip to Steele Wheels Car Museum, and more!

Week 3: Explore Sports July 15-19

The perfect place to try new sports and show off your skills! Activities include: Hockey, non-contact boxing, using the inclusive gym, dodge-battle ball, healthy snack cooking, soccer baseball, cheerleading, badminton, pickleball, ping pong, gaga ball, brunch club, tent party, trip to Halifax Boardwalk, and more!

Week 4: Explore Sports Performance July 22-26

A great way to get sporty with non-traditional sports and fitness! Activities include: Parachute games, dance with House of 8s, giant billiards, Drumfit, mini golf, yoga, community friendship day with DJ Ace, dunk tank, big human curling, Indianan Jones boulder run, Zumba, picnic, bowling at Bowlarama, and more!

Week 5: Medieval Week July 29- August 2

Calling all lords and ladies! Experience the magic of the Middle Ages- your quest awaits! Activities include: Flag making, wheelchair jousting, giant catapults, carole dancing, medieval games, dragon egg hunt, dungeons and dragons, medieval feast, king's tournament, trip to Africville Park: capture the king, and more!

Week 6: Halifax Adventure August 6-9 (Excludes Natal Day)

With an outing every day, we will explore our great city. Activities include: Divider ball, frisbee golf, dunk tank and water games, bocce, trivia, baking, dance, bus trip to Shubie Wildlife Park, and walking trips to Westmount Spray Park, giant sling shots at Flinn Park, and campfire with hot dogs and s'mores!

Week 7: Challenges August 12-16

This week is all about friendly competition! Activities include: One-night werewolf, obstacle course, capture the flag, name that tune, deal or no deal, minute to win it, minefield, secret dancer, manhunt, blind man's bluff, limbo and other dance games, riddles, water games, challenges at York Redoubt, and more!

\$250 (9AM-3PM)

\$175 Bring your own support (9AM-3PM)

\$325 (8:30AM-5:30PM)

Each week includes at least 1 private bus outing. Sookie the Dog visits on Fridays.

Please note: If you require 1:1 support- please provide. Ratios are typically 1:4 and spaces are limited. Personal care available. Wheelchair accessible. Quiet room available. Ages 12+.

Complex Needs- let us know and we will work together. All outings and guests are TBC. Spaces will be given first to people who regularly used Club programs throughout the past year.

To register email Jackie Rivers at jackierivers@prescottgroup.ca before 3pm April 19th.

Club Inclusion is a part of



Adaptive Try-Golf Open House

First Tee – Atlantic is hosting a **FREE** event for children and youth who live with physical disabilities to try the sport of golf in a fun and safe environment.

Participants will learn the fundamentals of golf such as setup position, putting, chipping, pitching, and swinging through a variety of activities and games.

All equipment will be provided on-site and is safe for indoor use. Parents and guardians are welcome to stay and participate!

Date: Sunday, June 9th, 2024

Ages: Ages 5 - 16

Time: 1:00pm – 2:30pm

Location: St. Andrew's
Community Centre
3380 Barnstead Lane
Halifax, NS

[REGISTER HERE](#)

For more information, contact:

cgillis@golfcanada.ca



Recruiting for F-words Foundations Course

Are you a service provider to, or a family member (parent/caregiver) of, someone with a developmental concern in Canada?

If so, we would like to invite you to be part of our F-Words Foundations Course study! The 'F-words for Child Development' (Functioning, Family, Fitness, Fun, Friends, Future) provide a family-centred, strengths-based, holistic approach to child health and development.

For the study, you will choose to complete one of two versions of the online F-words Foundations Course: (i) the self-paced version; or (ii) an online facilitated version that involves the self-paced version plus weekly one-hour online discussion groups with other caregivers and service providers.

You will also be asked to complete a questionnaire at baseline, program completion, and three months post-completion. A subset of parents and service providers will be asked if they would like to participate in an optional interview upon of completing the program.

Please contact Sarah, hopmansn@mcmaster.ca, if you would like more information about the study.

Thank you!



Autism Education Series

Explore resources to support your family in learning more about autism.



Scan here with your smartphone camera to learn more and access the Autism Education Series:



[Visit the IWK Health Website](#)



Autism Education Series:

The resources below have been created to support families with preschool-age children to learn more about autism.

Understanding Autism / Comprendre l'autisme

EN: Learn about the features of autism, support services, and autism acceptance.

FR: Découvrez les caractéristiques de l'autisme, les services de soutien, et l'acceptation de l'autisme.

Making Sense of Behaviour

Understand the meaning of behaviour and strategies to teach skills.

Parent Perspectives

A Parent and Family Advisor shares their family's autism journey.

Exploring Play

Explore ideas for playing together with your child.

Engagement

Set up the stage for your child's communication.

Social Communication

Build your child's social communication skills.

Positive Behaviour Support

Respond to behaviours of concern and teach your child new skills in daily routines.

Toileting

Prepare to teach toileting, practice the skills, and show your child that they are successful.

Self-Care for Parents and Caregivers

Reminders about how important it is to ask for help and to take care of yourself.

PEDIATRIC MANUAL WHEELCHAIR USERS NEEDED

Wheelchair Skills Training Program

Partake in a study evaluate the effectiveness of a program to teach children how to safely and efficiently perform 32 manual wheelchair skills that are essential for everyday activities

Target population


Children who use a manual wheelchair for their everyday mobility


Eligibility criteria


- ✓ Be between the ages of 3 – 21 years old
- ✓ Use a manual wheelchair regularly and be able to self-propel for 10 meters
- ✓ Have your own manual wheelchair
- ✓ Understand 2-step instructions in English
- ✓ Live in (or willing to travel to) the area of Halifax
- ✗ Children using a double hand-rim (one-sided propulsion) for maneuvering their manual wheelchair are not eligible



Description of the study

 12 manual wheelchair skills training sessions held weekly with a trained occupational therapist or research assistant at/near the IWK Health Centre

 3 evaluation sessions each spaced 3 months apart to assess wheelchair mobility

 You will receive a stipend of \$50 after each of the 3 evaluation sessions

Email Pediatric-WSTP@iwk.nshealth.ca for any questions or to partake!

Primary Supervisors: Krista Best, PhD and Jordan Sheriko, MD
(Jordan.Sheriko@iwk.nshealth.ca)





IMPLEMENTATION OF
INTENSIVE THERAPY FOR
EARLY REACH THROUGH PLAY

Share your **experiences** with **HAND THERAPY**

Complete an online survey about things that may influence early intensive hand therapy for young children with cerebral palsy.

Across Canada, we'd like to hear from:

- **Caregivers** of a child with cerebral palsy under 6 years old.
- **Occupational Therapists** who provide therapy for children with cerebral palsy.
- **Leaders** who manage occupational therapy programs.



Take a picture to participate in the survey

Participants will receive \$25

Questions? Ask us at interplay.study@ucalgary.ca

This study has been approved by the University of Calgary Conjoint Health Research Ethics Board (REB22-1692)

Parasport's in Nova Scotia

Para or Adaptive sports are competitive and/or recreational sports that are accessible to everyone, and can be played by anyone whether living with or without a disability!

Did you know there are tons of Parasport opportunities available in communities all across Nova Scotia? Visit parasportns.com to learn more about all the individual programs that are available across the province!



Examples of Parasport's Available Across Nova Scotia include;

- | | |
|---|--|
|  Para Hockey |  Wheelchair Curling |
|  Boccia |  Wheelchair Basketball |
|  Para-Canoe |  Ski & Snowboard |
|  Goalball |  Powerchair Soccer |

Map of Programs in Nova Scotia



Parasport FAQ's

Do you need to have a specific disability to participate in Parasport programs?

NO! Parasport's are designed to create a more inclusive and accessible sport environment. This means that at a recreational level they are open to participants of all abilities! Depending on your ability, certain sports may provide a better experience than others. You can check out each parasport offered in Nova Scotia at www.parasportns.com to see which sport might be the best fit for you, or you can reach out to parasport@sportnovascotia.ca if you need additional assistance or guidance!

** At competitive National levels and above all Parasport's have classification systems to group similar abilities together for competition*

How do I register for a program?

Parasport programs are not provided directly by Sport Nova Scotia, but by a variety of different organizations across the province! Each organization has their own registration process, but a centralized list of programs, links to register, and contact info can be found at www.parasportns.com! If you are having trouble finding the info for a specific sport or program, you can reach out to parasport@sportnovascotia.ca to get started!

What is the cost?

Cost varies program to program depending on the organization providing the program. Most parasport programs in Nova Scotia are low to no cost to register! If cost is a barrier, there are funding options such as KidSport available - <https://kidsportcanada.ca/nova-scotia/provincial-fund/>. There are also a number of municipalities across the province that offer subsidies for sport registration fees for youth.



I don't know what sport would be a good fit for me/ my child?

You can check out each parasport offered in Nova Scotia at www.parasportns.com to see which sport might be the best fit for you, or you can reach out to parasport@sportnovascotia.ca if you need additional assistance or guidance!

Is there a parasport program in my community?

There are parasport programs offered in communities all across Nova Scotia! You can find a map and list of available programs at www.parasportns.com!

Are there any options if there is no programs in my community?

Yes! Sport Nova Scotia offers the Parasport Program Loan which loans out the equipment, training and resources for a selection of parasports to eligible organizations to trial them in new communities! To find more info on this program visit <https://www.parasportns.com/parasport-program-loan/> or email parasport@sportnovascotia.ca

Do I need to have my own equipment?

It varies program by program depending on the organization providing the program, but for the vast majority of programs, NO! Most programs provide any specialized equipment such as sport chairs, specialized balls, etc as part of the program.

