

COMFORT PROMISE

for needle procedures



BABIES (0-12 months)

- Held by parent
- Swaddled or skin to skin
- Pacifier with sugar water or breastfeeding
- Distraction: favorite toy, blanket or music



TODDLERS AND PRESCHOOLERS (1-5 years)

- Held by parent, sitting upright is best
- Distraction: bubbles, books, toys or music



SCHOOL AGE (6-12 years)

- Held by parents or close by, upright is best
- Distraction: interactive toys, books or electronics
- Child may choose to watch or lay down



TEENS (13-18 years)

- Parents available
- Sitting upright is best
- Distraction: interactive toys, books or electronics
- Teen may choose to watch or lay down



Children's
COMFORT
PROMISE

*We will do everything possible
to prevent and treat pain.*

Children's
MINNESOTA

