



Autism Education Series

Explore resources to support your family in learning more about autism.



Scan here with your smartphone camera to learn more and access the Autism Education Series:



[Visit the IWK Health Website](#)



Autism Education Series:

The resources below have been created to support families with preschool-age children to learn more about autism.

Understanding Autism / Comprendre l'autisme

EN: Learn about the features of autism, support services, and autism acceptance.

FR: Découvrez les caractéristiques de l'autisme, les services de soutien, et l'acceptation de l'autisme.

Making Sense of Behaviour

Understand the meaning of behaviour and strategies to teach skills.

Parent Perspectives (Parts 1, 2 and 3)

Listen to parents who share their family's autism journey.

Exploring Play

Explore ideas for playing together with your child.

Transitions

Learn about strategies to support your child with transitions within your family's daily routines.

Daily Routines

Learn about strategies to help you and your child establish daily routines.

Social Communication

Build your child's social communication skills.

Social Skills (Parts 1, 2 and 3)

Understand your child's social skills and learn some key tips to support your child when engaging with their peers.

Mealtime

Explore strategies to set the stage for mealtimes with your child.

Self-Care for Parents and Caregivers

Reminders about how important it is to ask for help and to take care of yourself.

Augmentative and/or Alternative Communication

Understand more about Augmentative and/or Alternative Communication (AAC).

Positive Behaviour Support

Respond to behaviours of concern and teach your child new skills in daily routines.

Engagement/L'engagement

EN: Set up the stage for your child's communication.

FR: Préparez pour la communication de votre enfant.

Toileting

Prepare to teach toileting, practice the skills, and show your child that they are successful.