

Mental Health and Addictions Psychologists
(July 2024)

Dr. Marcie Balch

Ph.D., 2015, University of New Brunswick

Psychology Professional Practice Leader (IWK)

Psychologist, Community Mental Health and Addictions (Sackville Site)

Clinical Interests: Assessment and treatment (primarily cognitive behavioural therapy and ACT) of children and adolescents with anxiety and mood disorders; cognitive assessments for diagnoses of learning disabilities. I also have DBT training and work with youth with BPD features.

Research Interests: Program evaluation, self-concept in adolescents

Email: marcie.balch@iwk.nshealth.ca

Dr. Kristina Bradley

Ph.D., 2016, University of Ottawa

Psychologist, Community Mental Health and Addictions (Dartmouth Site)

Clinical Interests: cognitive and developmental assessments, behavioural interventions for children with neurodevelopmental disorders, CBT for anxiety, OCD, and mood, DBT for emotionally dysregulated adolescents, CBT groups for anxiety, and DBT skills group

Research Interests: Child and Adolescent Mental Health, Mental Health Promotion, Prevention, iCBT, Psychotherapy Processes, Health Behaviour Change, Health Services Research, Group-based interventions.

Email: Kristina.Bradley@iwk.nshealth.ca

Dr. Mallory Campbell

Ph.D., 2019, OISE/University of Toronto

Psychologist, Community Mental Health and Addictions (Dartmouth Site)

Clinical Interests: Individual and group treatments for children with anxiety and disruptive behaviour disorders. Individual and group treatments for adolescents with anxiety, OCD, emotion dysregulation, mood, and concurrent disorders. Interventions primarily informed by dialectical-behavioural, cognitive behavioural and behavioural approaches. Cognitive and psychodiagnostic assessments of children and adolescents.

Research Interests: Substance use and Emerging Adulthood.

Email: Mallory.campbell@iwk.nshealth.ca

Dr. Kaytlin Constantin

Ph.D., 2023, University of Guelph; M.A., 2017, University of Guelph

Psychologist (candidate register), Community Mental Health and Addictions (Dartmouth Site)

Clinical Interests: Interventions for youth with comorbid mental health and physical health conditions/somatic symptoms, anxiety disorders, OCD, and a history of trauma. Particular interest in parent/caregiver interventions. Integrative approach to treatment primarily guided by CBT, EFFT, and ACT.

Research Interests: pediatric acute pain and Indigenous health research

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Dr. Jill Chorney

Ph.D., 2006, West Virginia University

Psychologist, Community Mental Health and Addictions (Halifax), Advanced Practice Leader: Behavior Change

Clinical Interests: Youth with comorbid mental health and physical health conditions, youth (especially adolescents) with anxiety disorders and mood disorders. Primary theoretical orientation is behavioral and clinical work is grounded in third wave cognitive behavioral therapies (mostly Acceptance and Commitment Therapy, Dialectical Behavior Therapy).

Research Interests: Shared decision-making, implementation science, behavior change, health services research, psychological interventions for pediatric acute and chronic pain

Email: jill.chorney@iwk.nshealth.ca

Dr. Sharon Clark

Ph.D., 2002, Dalhousie University

Advanced Practice Leader: CAPA Psychologist, Community Mental Health and Addictions – Dartmouth

Clinical Interests: Innovating mental health care provision that is based on the Choice and Partnership Approach set on a foundation of continuous improvement. In direct care delivery, I particularly enjoy working with youth and families where attachment-based interventions including CONNECT parent group can be helpful. Primary theoretical orientation is CBT informed by attachment perspectives and pattern recognition using whiteboards as a way to engage clients differently. Oversee facilitation of the Choice appointment learning clinic to support core therapeutic skill development.

Research Interests: Shared decision making, health service delivery particularly CAPA informed and training methods to support core skill development for clinicians.

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Dr. David A. Clinton

Ph.D., 2009, Palo Alto University

Psychologist, Community Mental Health and Addictions (Sackville)

Clinical Interests: Assessment and treatment of children and adolescents with a variety of mental health concerns including, but not limited to, anxiety disorders, mood disorders, psychotic disorders, personality disorders, eating disorders, and family/relational issues. Treatment approaches include a blend of Psychodynamic psychotherapy, CBT, DBT, emotion-focused, attachment-based, and family-based therapies, FBT for eating disorders, and EMDR.

Research Interests: (Not currently engaged in active research) Exploring the underlying process of change in therapies that promote positive outcomes.

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Dr. Laura L. Love

Ph.D., 2013, York University

Psychologist, Community Mental Health and Addictions (Bedford/Sackville site)

Clinical Interests: Assessment and treatment with children, adolescents, parents, and families with a variety of mental health concerns, including eating disorders, anxiety disorders, and mood disorders; formulation from a developmental-systems lens.

Intervention approaches typically involve an integration of emotion-focused, humanistic, attachment-based, family, and cognitive behavioural approaches, involving family and parent-based, dyad, and individual practice. Supervision and clinical teaching from a developmental model is also a passion and interest, Laura is a supervisor and trainer in EFFT certified by the IIEFFT.

Research Interests: Development and evaluation of the Emotion-focused family therapy model (EFFT); self-efficacy in treatment; parents/caregivers impact on youth mental health outcomes

Email: laura.love@iwk.nshealth.ca

Dr. Aimée Coulombe

Ph.D., 2011, University of Western Ontario

Psychologist, Co-Clinical Team Lead, Community Mental Health and Addictions (Halifax)

Clinical Interests: Treatments targeting emotional, behavioural, cognitive, and interpersonal dysregulation. Complex case formulation and goal-based outcomes. Building emotional awareness and competence; emotion coaching. Attachment, trauma, and parenting. Sleep.

Research Interests: Pediatric sleep; knowledge translation; service delivery models.

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Dr. Jennifer Gallant

M.A., 2017, Laurentian University

Ph.D., 2024, University of New Brunswick

Psychologist, Community Mental Health and Addictions (Sackville Site)

Clinical Interests: Psychoeducational assessments; anxiety, depression, self-harm/suicidality, trauma, behavioural parent training and emotion coaching strategies; somatization and health-related psychological distress; Integrative approach with influences from Cognitive Behaviour Therapy (including TF-CBT for trauma), Dialectical Behaviour Therapy, Emotion-focused approaches, and Acceptance and Commitment Therapy.

Research Interests: Working memory and anxiety.

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Dr. Jill Glasgow

Ph.D., 2019, University of Windsor

Psychologist, Community Mental Health and Addictions (Sackville Site)

Clinical Interests: Cross-battery assessment of children and adolescents to provide clear feedback and recommendations; Dialectical Behaviour Therapy for adolescents and their parents; complex presentations, self-harm, and suicidality; attachment and trauma; OCD and ERP

Research Interests: Quality improvement and program development with a focus on approaches that reduce self-harm and suicidality; knowledge dissemination and staff training/supervision.

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Dr. Amber Johnston

Ph.D., 2013, University of Guelph; M.A., 2007, University of Guelph

Psychologist, Community Mental Health and Addictions (Dartmouth Site), Eating Disorders Specific Care Clinic

Clinical Interests: Assessment and treatment of children and adolescents with a variety of mental health concerns including: eating disorders, anxiety disorders, OCD, mood disorders, and disruptive behaviour disorders. Models of practice are influenced by behavioural models, attachment theory, and family systems theory. Service delivery includes individual, group, and family therapy.

Research Interests: (not currently active in research) development and evaluation of Acceptance and Commitment Therapy (ACT) with adolescents and their parents.

Email: amber.johnston@iwk.nshealth.ca

Dr. Ann Marie Joyce

Ph.D., 2007, Dalhousie University

Psychologist, OCD Specific Care Clinic (0.5 FTE) and Community Mental Health and Addictions (Dartmouth Site, 0.4 FTE)

Clinical Interests: Assessment and treatment of children and adolescents with OCD, ASD, anxiety disorders, ADHD, or complex presentations using a cognitive-behavioural model. Parenting training in behavior management for any mental health presentation.

Research Interests: (not currently active in research) ADHD subtypes and their relationship to other disorders; learning disabilities; definition of intelligence; outcome and program evaluation.

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Dr. Brynn Kelly

Ph.D., 2011, University of Southern California

Psychologist, Eating Disorders Specific Care Clinic

Clinical Interests: Current work primarily focuses on assessment and treatment of children and adolescents with eating disorders, with additional interests in the assessment and treatment of trauma, anxiety disorders, and externalizing behaviour disorders; Utilization of evidence-based treatment modalities (e.g., Family Based Treatment for Anorexia and Bulimia Nervosa, CBT -including Trauma-Focused and Eating Disorder types), with a family systems lens; Program development & evaluation, consultation, and supervision

Research Interests: Evidence-based assessment and intervention; Emotional, behavioural, and social adjustment during childhood and adolescence; Childhood violence exposure and trauma

Email: brynn.kelly@iwk.nshealth.ca

Dr. Celeste Lefebvre

Ph.D., 2007, Dalhousie University

Psychologist, Youth Forensic Services [including the Initiative for Sexually Aggressive Youth (ISAY) Program]

Clinical Interests: Assessment and treatment of youth who engage in general, violent and/or sexually inappropriate behaviours that have crossed legal lines, with a specialization specific to sexual offending.

Research Interests: Assessing risk for general, violent or sexual recidivism and treatment/rehabilitation for justice-involved youth

Email: Celeste.Lefebvre@wk.nshealth.ca

Dr. Emma MacDonald

Ph.D., 2016, Toronto Metropolitan University (Formerly known as Ryerson University)

Psychologist, The Garron Centre for Child and Adolescent Mental Health

Clinical Interests: Assessment and treatment of children and adolescents with a variety of mental health concerns including: anxiety disorders, mood disorders, OCD, personality disorders, and family/relational issues. Treatment is evidence-based and informed by CBT, DBT and ACT interventions.

Research Interests: Program evaluation

Email: emma.macdonald@iwk.nshealth.ca

Dr. Heather MacLatchy

Ph.D., 2002, Dalhousie University

Psychologist, Adolescent Intensive Services

Clinical Interests: Assessment and treatment of adolescents with a wide range of mental health disorders, particularly anxiety and mood disorders; group intervention; parenting skills; psychoeducational assessment; program development.

Research Interests: Not currently engaged in research

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Dr. Ainslie McDougall

Ph.D., 2014, University of New Brunswick

Psychologist, Youth Forensic Assessment Services

Clinical Interests: Psychological and risk assessments of youth who engage in general, violent, and/or sexually inappropriate behaviours.

Research Interests: Antisocial behaviour in adolescent populations, how responsivity factors can impact offender rehabilitation, short- and long-term risk assessments

Email: ainslie.mcdougall@iwk.nshealth.ca

Dr. Katie Niven

Ph.D., 2023, University of Guelph

Psychologist (Candidate Register), Community Mental Health and Addictions (Dartmouth Site)

Clinical Interests: Trauma, attachment, anxiety, low mood, emotion dysregulation, disruptive behaviour, obsessive-compulsive disorder, parent/caregiver work.

Approaches include Cognitive Behavior Therapy, Dialectical Behavior Therapy, Acceptance and Commitment Therapy, and Emotion-Focused Family Therapy.

Cognitive and psychodiagnostic assessments of children and adolescents.

Research Interests: Child and Adolescent Mental Health, Acceptance and Commitment Therapy (ACT), Developmental Psychopathology, Positive Clinical Psychology

Email: katie.niven@iwk.nshealth.ca

Dr. Meredith Pike

Ph.D., 2013, University of Guelph

Psychologist, Community Mental Health and Addictions (Dartmouth Site)

Clinical Interests: Assessment and treatment of children and adolescents with various mental health concerns, including internalizing and externalizing disorders; special interest on parent intervention for the same. Diagnostic and psychoeducational assessments of cognitive, emotional, and behavioural disorders. Treatment approaches typically include a blend of cognitive-behavioural, behavioural and emotion-focused approaches.

Research Interests: Cognitive correlates of academic achievement.

Email: meredith.pike@iwk.nshealth.ca

Dr. Kate Robertson

Ph.D., 2012, The Graduate Center, City University of New York

Psychologist, The Garron Centre for Child and Adolescent Mental Health

Clinical Interests: Assessment and treatment of children and adolescents with a variety of mental health concerns including: anxiety disorders, mood disorders, OCD, psychosis, personality disorders, and family/relational issues. Treatment approaches include a blend of DBT, attachment-based therapy, psychodynamic psychotherapy, family-based therapy, and CBT.

Research Interests: Attachment, relationship between attachment and resilience, cross-cultural understanding of resilience. (not currently active in research).

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Dr. Lauren Rosen

Psy.D., 2010, Adler University

Psychologist, Community Mental Health and Addictions (Sackville Site)

Clinical Interests: Assessment and treatment of children and adolescents with a wide variety of presenting problems, including anxiety, OCD, eating disorders, depression, ADHD, learning disabilities, and family relational issues. Treatment modalities include CBT, ACT, FBT, and solution focused therapy.

Research Interests: Relationship between eating disorders, body image, and self-esteem; OCD.

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Dr. Stephanie Ryan

Ph.D., 2019, York University

Psychologist, Community Mental Health and Addictions (Halifax Site)

Clinical Interests: Assessment and treatment of children and adolescents with a range of presenting issues, including anxiety, mood, obsessive compulsive disorder (OCD), disruptive behaviours, autism spectrum disorder, family difficulties; psychodiagnostic assessments and psychoeducational assessments. Treatment modalities include CBT, ACT, and DBT.

Research Interests: Mental health in children and adolescents with autism spectrum disorder and intellectual disabilities. (not currently active in research)

Email: stephanie.ryan@iwk.nshealth.ca

Dr. Stephanie Snow

Ph.D., 2019, Dalhousie University

Psychologist, Co-Clinical Team Lead, Community Mental Health and Addictions (Halifax)

Clinical Interests: Joint formulation and collaborative treatment planning, measurement-based care, consultation, peer supervision/capacity building. Clinical populations include children and youth (up to 19) presenting with range of moderate to severe mental health concerns. Training in and enjoy working with individuals with comorbid neurodevelopmental and/or health related challenges. Primary theoretical orientation is third wave cognitive behavioural. Preferred format is to engage families/caregivers in treatment wherever possible.

Research Interests: (not currently active in research).

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Dr. Catherine Stewart

Ph.D., 2012, University of Saskatchewan

Psychologist, Youth Forensic Services

Clinical Interests: Psychological and risk assessments of youth who engage in general, violent, and/or sexually inappropriate behaviours; Intervention

Research Interests: Risk assessment for general, violent or sexual recidivism and treatment/risk management for justice-involved youth and adults

Email: catherine.stewart@iwk.nshealth.ca

Dr. Kim Tan-MacNeill

Ph.D., 2020, Dalhousie University

Psychologist, Community Mental Health and Addictions (Dartmouth Site)

Clinical Interests: Assessment and treatment of children and youth aged 0 – 19 with mental health concerns and neurodevelopmental disorders, especially anxiety/mood, disruptive behaviour, ADHD, autism, emotion dysregulation. Caregivers are a key part of treatment plan (e.g. parent-based behaviour management or family-centered approach). Treatments range from individual to group to caregivers. Therapeutic modalities include Cognitive Behavioural Therapy, Acceptance & Commitment Therapy, Emotion Focused Family Therapy, Dialectical Behaviour Therapy. Special interests include tailoring therapy to better suit neurodiverse patients and treating sleep problems.

Research interests: Not currently active in research. Sleep in children with neurodevelopmental disorders; the impact of sleep problems and mental health on caregivers; parent-mediated interventions

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Dr. Lindsay Uman

Ph.D., 2009, Dalhousie University

Psychologist, Community Mental Health and Addictions (Dartmouth Site)

Clinical Interests: Assessment and treatment of children and adolescents with anxiety disorders, disruptive behaviour disorders, mood disorders, learning issues, and health-related issues affecting mental health. Treatments are typically cognitive-behavioural and involve individual, group, and parent training components.

Research Interests: Psychological interventions for pediatric pain, systematic reviews, relationship between pain and anxiety, and quality improvement of randomized controlled trials.

Email: lindsay.uman@iwk.nshealth.ca

Dr. Rosalind Woodworth

Ph.D., 2014, University of Tasmania

Psychologist, Family Intensive Outreach Service (FIOS)- Adolescent and Children's Intensive Services (AIS/CIS)

Clinical Interests: Family-based treatment of children and adolescents with disruptive behaviour disorders; outreach services for families with complex needs; diagnostic and psychoeducational assessments; ADHD and learning challenges; program evaluation and development.

Research Interests: program and outcome evaluation, positive psychology

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