

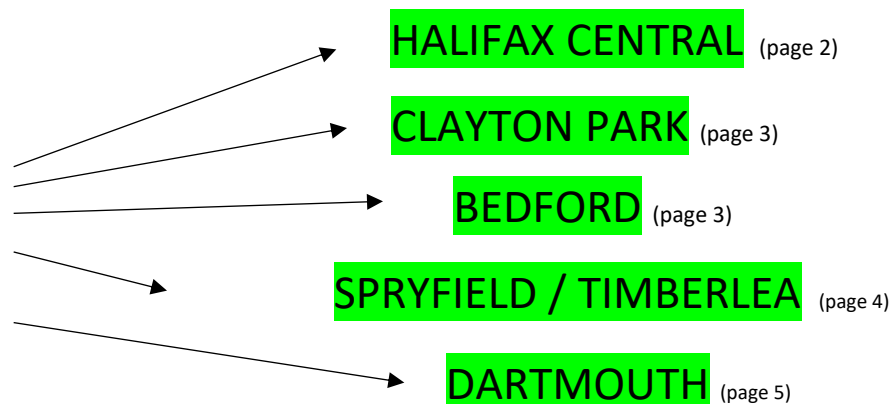
Pregnant in Central Zone (Halifax and surrounding area) and looking for a prenatal provider?



You DO NOT need a referral to see a Family Doctor who delivers babies (FM-OB, or “family medicine-obstetrics”, family doctors who have extra experience with prenatal care, low risk deliveries, and postpartum care)

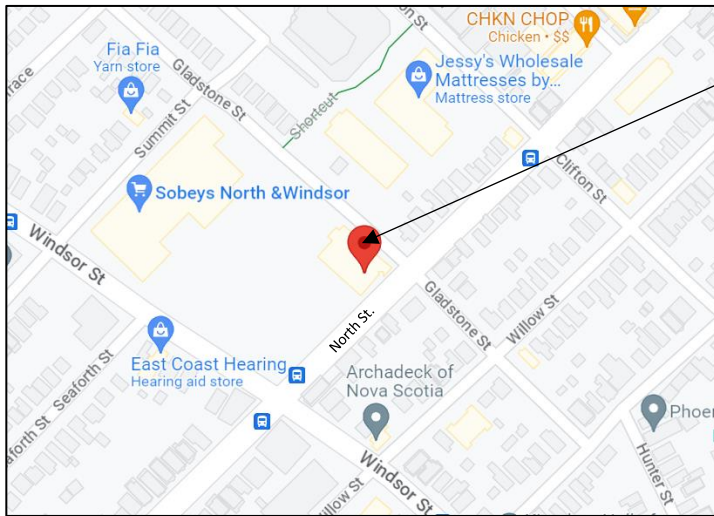
The list below includes FM-OB providers in the Halifax area who follow pregnant patients for the duration of their pregnancy in their community clinics and deliver babies at the IWK. Depending on volume of requests, specific physician or clinic availability may vary over time, you may need to call more than one clinic.

Our providers are grouped into the following areas:



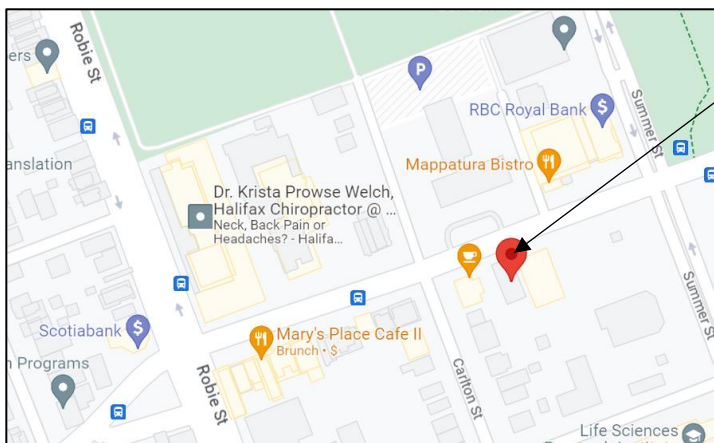
Please note: These providers are unable to take patients on as their long-term family doctor. If you have no family doctor, please place yourself on the [Nova Scotia Need a Family Practice Registry](#). During your pregnancy, your baby can also be added to the Unattached Newborn list to ensure your baby has care for the first few months of life while awaiting attachment to a long-term family doctor.

HALIFAX CENTRAL



Dr. Kathie Glazebrook
Richmond Family Practice
201-6155 North St.

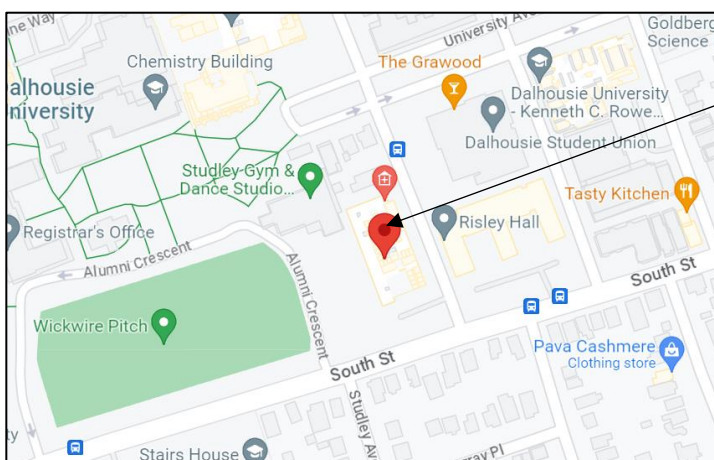
Phone #: 902-453-3511



Dr. Allegra Lywood
307-5880 Spring Garden Rd.

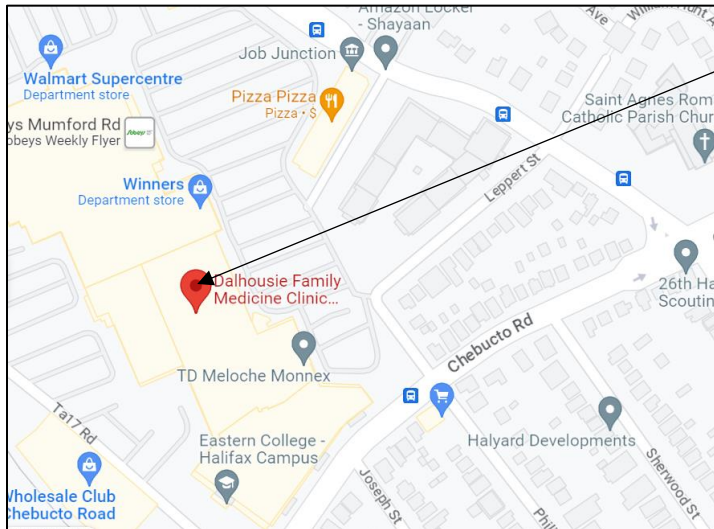
Phone #: 902-446-3730
or
902-425-4990

***As of May 1, 2025 Dr. Lywood is moving her practice to Ravines Spryfield- see page 4**



Dr. Cathy Connell
Dalhousie Student Health & Wellness Centre
1246 LeMarchant St.

Phone #: 902-494-2171



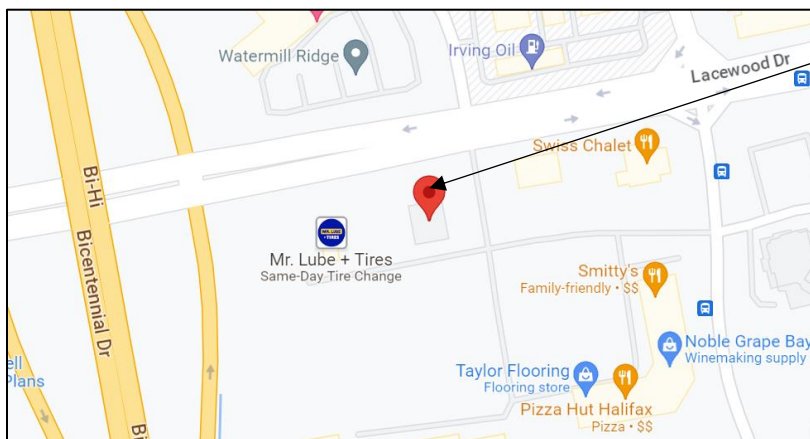
Dalhousie Family Medicine – Mumford

Dr. Roetka Gradstein
Dr. Jacalynne Hernandez-Lee
Dr. Janet Green
Dr. Anita Hernandez

Dalhousie Family Medicine Clinic – Mumford
0265-6960 Mumford Rd.

Phone #: 902-473-4700

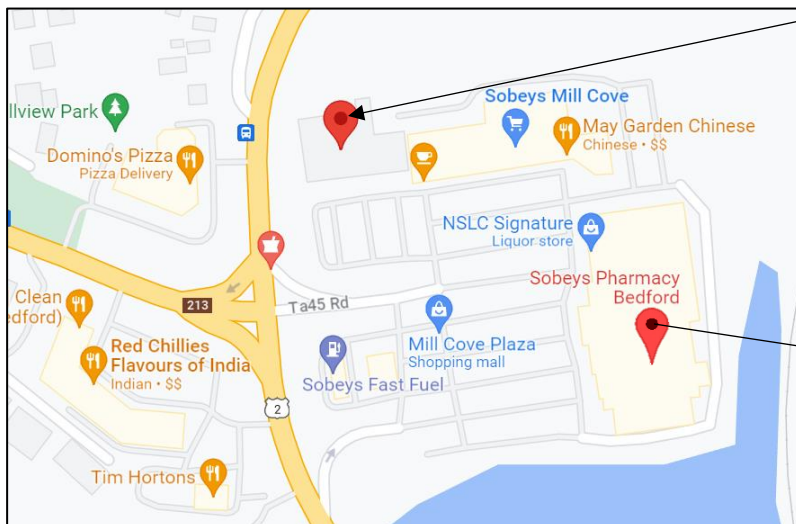
CLAYTON PARK



Dr. Cathy Connell &
Dr. Angela Poirier
Regency Park Medical
366 Lacewood Dr.

Phone #: 902-407-6100

BEDFORD



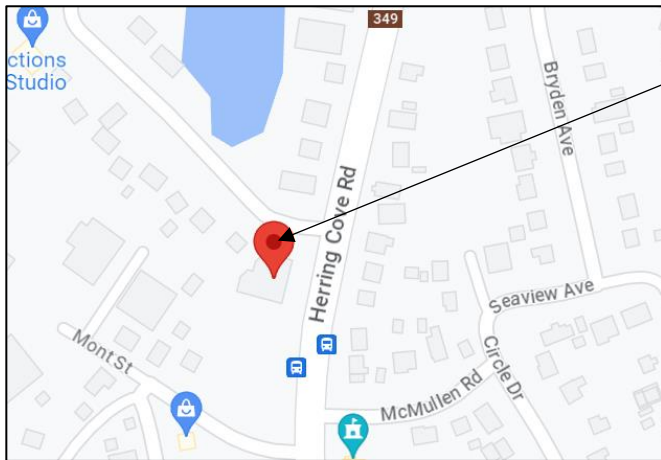
***This office prefers that a referral come from a family doctor or virtual care**

Dr. Meghan Bebbington
Dr. Elise Deveau
Dr. Amy Ellis
Dr. Alicia Williams
Bedford Waterfront Clinic
207-967 Bedford Hwy.
Phone #: 902-835-6444

Dr. Lisa Griffin
ScotiaMed
955 Bedford Hwy.

Phone #: 902-832-2380

SPRYFIELD / TIMBERLEA



Dr. Angela Giacomantonio
Dr. Rachel Shaw &
Dr. Allegra Lywood- as of May 1, 2025

Ravines Medical Group
Spryfield Medical Centre
205 Herring Cove Rd.

Phone #: 902-477-5693

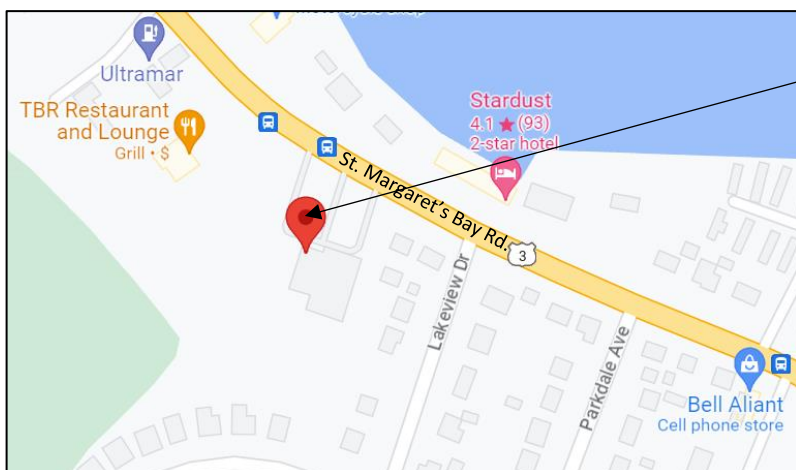


Dalhousie Family Medicine – Spryfield

Dr. Ashley Williams
Dr. Anna Neumann

Dalhousie Family Medicine Clinic – Spryfield
16 Dentith Rd.

Phone #: 902-473-1234

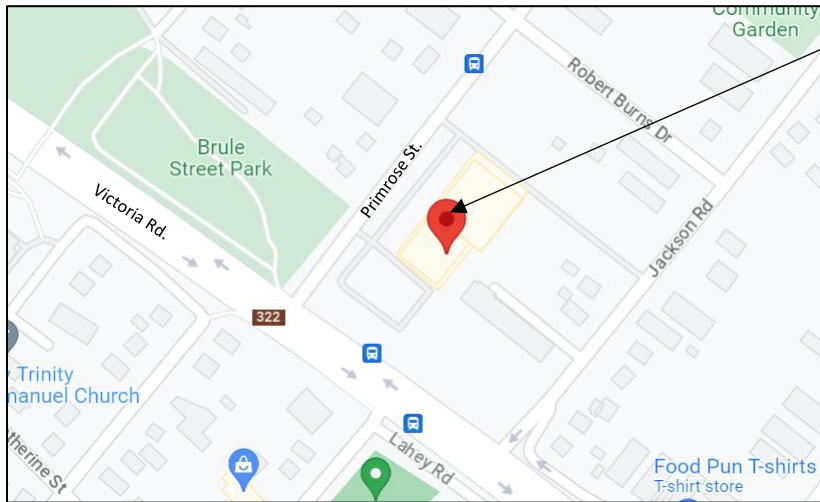


Dr. Megan LeGrow

Ravines Medical Group
Timberlea Medical Clinic
1802 St Margaret's Bay Rd.

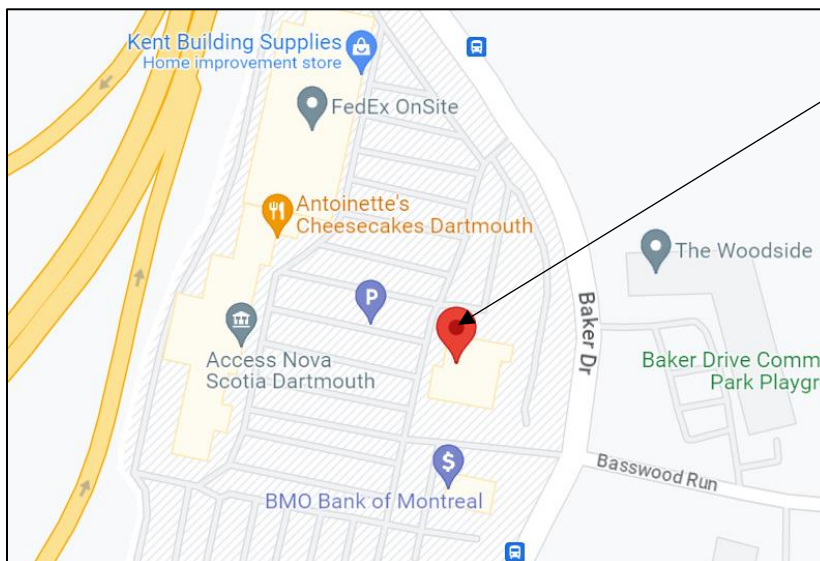
Phone #: 902-706-1850

DARTMOUTH



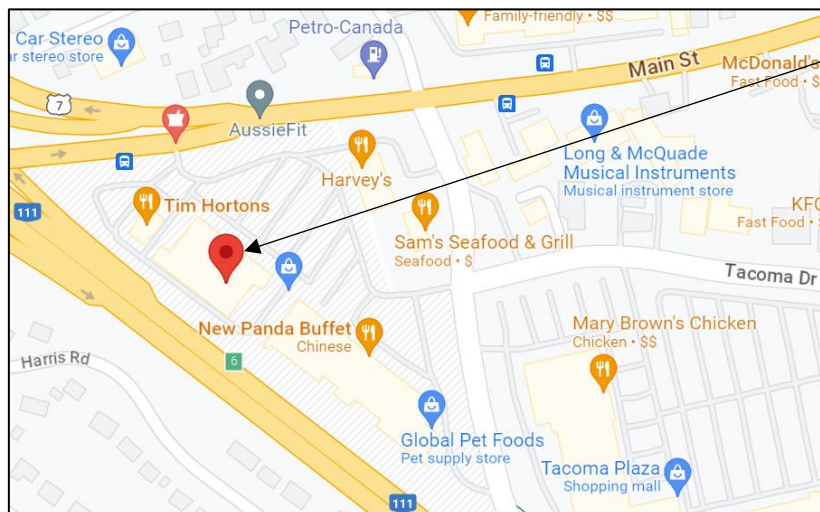
**Dr. Janet Howard &
Dr. Kim Murray**
Albro Lake Medical Center
6 Primrose St.

Phone #: 902-465-4444



Dr. Hilary Kinnear
Cole Harbour Family Medicine
203 – 240 Baker Dr.

Phone #: 902-435-6312



**Dr. Michelle Raiche-Marsden
Dr. Carla MacDonald
Dr. Edith Lafleur
Dr. Renee Hart**
Woodlawn Clinic
92 Main St.

Phone #: 902-434-1500