

**Mental Health and Addictions Psychologists  
(February 2025)**

### **Dr. Marcie Balch**

*Ph.D., 2015, University of New Brunswick*

Psychology Professional Practice Leader (IWK)

Psychologist, Community Mental Health and Addictions (Sackville Site)

Clinical Interests: Assessment and treatment (primarily cognitive behavioural therapy and ACT) of children and adolescents with anxiety and mood disorders; cognitive assessments for diagnoses of learning disabilities. I also have DBT training and work with youth with BPD features.

Research Interests: Program evaluation, self-concept in adolescents

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### **Dr. Kristina Bradley**

*Ph.D., 2016, University of Ottawa*

Psychologist, Community Mental Health and Addictions (Dartmouth Site)

Clinical Interests: cognitive and developmental assessments, behavioural interventions for children with neurodevelopmental disorders, CBT for anxiety, OCD, and mood, DBT for emotionally dysregulated adolescents, CBT groups for anxiety, and DBT skills group

Research Interests: Child and Adolescent Mental Health, Mental Health Promotion, Prevention, iCBT, Psychotherapy Processes, Health Behaviour Change, Health Services Research, Group-based interventions.

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### **Dr. Mallory Campbell**

*Ph.D., 2019, OISE/University of Toronto*

Psychologist, Community Mental Health and Addictions (Dartmouth Site)

Clinical Interests: Individual and group treatments for children with anxiety and disruptive behaviour disorders. Individual and group treatments for adolescents with anxiety, OCD, emotion dysregulation, mood, and concurrent disorders. Interventions primarily informed by dialectical-behavioural, cognitive behavioural and behavioural approaches. Cognitive and psychodiagnostic assessments of children and adolescents.

Research Interests: Substance use and Emerging Adulthood.

### **Dr. Kaytlin Constantin**

*Ph.D., 2023, University of Guelph; M.A., 2017, University of Guelph*

Psychologist (candidate register), Community Mental Health and Addictions (Dartmouth Site)

Clinical Interests: Interventions for youth with comorbid mental health and physical health conditions/somatic symptoms, anxiety disorders, OCD, and a history of trauma. Particular interest in parent/caregiver interventions. Integrative approach to treatment primarily guided by CBT, EFFT, and ACT.

Research Interests: pediatric acute pain and Indigenous health research

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### **Dr. Jill Chorney**

*Ph.D., 2006, West Virginia University*

Psychologist, Community Mental Health and Addictions (Halifax), Advanced Practice Leader: Behavior Change

Clinical Interests: Youth with comorbid mental health and physical health conditions, youth (especially adolescents) with anxiety disorders and mood disorders. Primary theoretical orientation is behavioral and clinical work is grounded in third wave cognitive behavioral therapies (mostly Acceptance and Commitment Therapy, Dialectical Behavior Therapy).

Research Interests: Shared decision-making, implementation science, behavior change, health services research, psychological interventions for pediatric acute and chronic pain

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### **Dr. Laura L. Love**

*Ph.D., 2013, York University*

Psychologist, Community Mental Health and Addictions (Bedford/Sackville site)

Clinical Interests: Assessment and treatment with children, adolescents, parents, and families with a variety of mental health concerns, including eating disorders, anxiety disorders, and mood disorders; formulation from a developmental-systems lens. Intervention approaches typically involve an integration of emotion-focused, humanistic, attachment-based, family, and cognitive behavioural approaches, involving family and parent-based, dyad, and individual practice. Supervision and clinical teaching from a developmental model is also a passion and interest, Laura is a supervisor and trainer in EFFT certified by the IIEFFT.

Research Interests: Development and evaluation of the Emotion-focused family therapy model (EFFT); self-efficacy in treatment; parents/caregivers impact on youth mental health outcomes

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### **Dr. Aimée Coulombe**

*Ph.D., 2011, University of Western Ontario*

Psychologist, Co-Clinical Team Lead, Community Mental Health and Addictions (Halifax)

Clinical Interests: Treatments targeting emotional, behavioural, cognitive, and interpersonal dysregulation. Complex case formulation and goal-based outcomes. Building emotional awareness and competence; emotion coaching. Attachment, trauma, and parenting. Sleep.

Research Interests: Pediatric sleep; knowledge translation; service delivery models.

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### **Dr. Jennifer Gallant**

*M.A., 2017, Laurentian University*

*Ph.D., 2024, University of New Brunswick*

Psychologist, Community Mental Health and Addictions (Sackville Site)

Clinical Interests: Psychoeducational assessments; anxiety, depression, self-harm/suicidality, trauma, behavioural parent training and emotion coaching strategies; somatization and health-related psychological distress; Integrative approach with influences from Cognitive Behaviour Therapy (including TF-CBT for trauma), Dialectical Behaviour Therapy, Emotion-focused approaches, and Acceptance and Commitment Therapy.

Research Interests: Working memory and anxiety.

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### **Dr. Jill Glasgow**

*Ph.D., 2019, University of Windsor*

Psychologist, Community Mental Health and Addictions (Sackville Site)

Clinical Interests: Cross-battery assessment of children and adolescents to provide clear feedback and recommendations; Dialectical Behaviour Therapy for adolescents and their parents; complex presentations, self-harm, and suicidality; attachment and trauma; OCD and ERP

Research Interests: Quality improvement and program development with a focus on approaches that reduce self-harm and suicidality; knowledge dissemination and staff training/supervision.

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### **Dr. Amber Johnston**

*Ph.D., 2013, University of Guelph; M.A., 2007, University of Guelph*

Psychologist, Community Mental Health and Addictions (Dartmouth Site), Eating Disorders Specific Care Clinic

Clinical Interests: Assessment and treatment of children and adolescents with a variety of mental health concerns including: eating disorders, anxiety disorders, OCD, mood disorders, and disruptive behaviour disorders. Models of practice are influenced by behavioural models, attachment theory, and family systems theory. Service delivery includes individual, group, and family therapy.

Research Interests: (not currently active in research) development and evaluation of Acceptance and Commitment Therapy (ACT) with adolescents and their parents.

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### **Dr. Ann Marie Joyce**

*Ph.D., 2007, Dalhousie University*

Psychologist, OCD Specific Care Clinic (0.5 FTE) and Community Mental Health and Addictions (Dartmouth Site, 0.4 FTE)

Clinical Interests: Assessment and treatment of children and adolescents with OCD, ASD, anxiety disorders, ADHD, or complex presentations using a cognitive-behavioural model. Parenting training in behavior management for any mental health presentation.

Research Interests: (not currently active in research) ADHD subtypes and their relationship to other disorders; learning disabilities; definition of intelligence; outcome and program evaluation.

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### **Dr. Brynn Kelly**

*Ph.D., 2011, University of Southern California*

Psychologist, Eating Disorders Specific Care Clinic

Clinical Interests: Current work primarily focuses on assessment and treatment of children and adolescents with eating disorders, with additional interests in the assessment and treatment of trauma, anxiety disorders, and externalizing behaviour disorders; Utilization of evidence-based treatment modalities (e.g., Family Based Treatment for Anorexia and Bulimia Nervosa, CBT -including Trauma-Focused and Eating Disorder types), with a family systems lens; Program development & evaluation, consultation, and supervision

Research Interests: Evidence-based assessment and intervention; Emotional, behavioural, and social adjustment during childhood and adolescence; Childhood violence exposure and trauma

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### **Dr. Celeste Lefebvre**

*Ph.D., 2007, Dalhousie University*

Psychologist, Youth Forensic Services [including the Initiative for Sexually Aggressive Youth (ISAY) Program]

Clinical Interests: Assessment and treatment of youth who engage in general, violent and/or sexually inappropriate behaviours that have crossed legal lines, with a specialization specific to sexual offending.

Research Interests: Assessing risk for general, violent or sexual recidivism and treatment/rehabilitation for justice-involved youth

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### **Dr. Emma MacDonald**

*Ph.D., 2016, Toronto Metropolitan University (Formerly known as Ryerson University)*

Psychologist, The Garron Centre for Child and Adolescent Mental Health

Clinical Interests: Assessment and treatment of children and adolescents with a variety of mental health concerns including: anxiety disorders, mood disorders, OCD, personality disorders, and family/relational issues. Treatment is evidence-based and informed by CBT, DBT and ACT interventions.

Research Interests: Program evaluation

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### **Dr. Ainslie McDougall**

*Ph.D., 2014, University of New Brunswick*

Psychologist, Youth Forensic Assessment Services

Clinical Interests: Psychological and risk assessments of youth who engage in general, violent, and/or sexually inappropriate behaviours.

Research Interests: Antisocial behaviour in adolescent populations, how responsivity factors can impact offender rehabilitation, short- and long-term risk assessments

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### **Dr. Katie Niven**

*Ph.D., 2023, University of Guelph*

Psychologist (Candidate Register), Community Mental Health and Addictions (Dartmouth Site)

Clinical Interests: Trauma, attachment, anxiety, low mood, emotion dysregulation, disruptive behaviour, obsessive-compulsive disorder, parent/caregiver work.

Approaches include Cognitive Behavior Therapy, Dialectical Behavior Therapy, Acceptance and Commitment Therapy, and Emotion-Focused Family Therapy.

Cognitive and psychodiagnostic assessments of children and adolescents.

Research Interests: Child and Adolescent Mental Health, Acceptance and Commitment Therapy (ACT), Developmental Psychopathology, Positive Clinical Psychology

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### **Dr. Meredith Pike**

*Ph.D., 2013, University of Guelph*

Psychologist, Community Mental Health and Addictions (Dartmouth Site)

Clinical Interests: Assessment and treatment of children and adolescents with various mental health concerns, including internalizing and externalizing disorders; special interest on parent intervention for the same. Diagnostic and psychoeducational assessments of cognitive, emotional, and behavioural disorders. Treatment approaches typically include a blend of cognitive-behavioural, behavioural and emotion-focused approaches.

Research Interests: Cognitive correlates of academic achievement.

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### **Dr. Kate Robertson**

*Ph.D., 2012, The Graduate Center, City University of New York*

Psychologist, The Garron Centre for Child and Adolescent Mental Health

Clinical Interests: Assessment and treatment of children and adolescents with a variety of mental health concerns including: anxiety disorders, mood disorders, OCD, psychosis, personality disorders, and family/relational issues. Treatment approaches include a blend of DBT, attachment-based therapy, psychodynamic psychotherapy, family-based therapy, and CBT.

Research Interests: Attachment, relationship between attachment and resilience, cross-cultural understanding of resilience. (not currently active in research).

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### **Dr. Lauren Rosen**

*Psy.D., 2010, Adler University*

Psychologist, Community Mental Health and Addictions (Sackville Site)

Clinical Interests: Assessment and treatment of children and adolescents with a wide variety of presenting problems, including anxiety, OCD, eating disorders, depression, ADHD, learning disabilities, and family relational issues. Treatment modalities include CBT, ACT, FBT, and solution focused therapy.

Research Interests: Relationship between eating disorders, body image, and self-esteem; OCD.

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### **Dr. Stephanie Ryan**

*Ph.D., 2019, York University*

Psychologist, Community Mental Health and Addictions (Halifax Site)

Clinical Interests: Assessment and treatment of children and adolescents with a range of presenting issues, including anxiety, mood, obsessive compulsive disorder (OCD), disruptive behaviours, autism spectrum disorder, family difficulties; psychodiagnostic assessments and psychoeducational assessments. Treatment modalities include CBT, ACT, and DBT.

Research Interests: Mental health in children and adolescents with autism spectrum disorder and intellectual disabilities. (not currently active in research)

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### **Dr. Stephanie Snow**

*Ph.D., 2019, Dalhousie University*

Psychologist, Co-Clinical Team Lead, Community Mental Health and Addictions (Halifax)

Clinical Interests: Joint formulation and collaborative treatment planning, measurement-based care, consultation, peer supervision/capacity building. Clinical populations include children and youth (up to 19) presenting with range of moderate to severe mental health concerns. Training in and enjoy working with individuals with comorbid neurodevelopmental and/or health related challenges. Primary theoretical orientation is third wave cognitive behavioural. Preferred format is to engage families/caregivers in treatment wherever possible.

Research Interests: (not currently active in research).

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### **Dr. Catherine Stewart**

*Ph.D., 2012, University of Saskatchewan*

Psychologist, Youth Forensic Services

Clinical Interests: Psychological and risk assessments of youth who engage in general, violent, and/or sexually inappropriate behaviours; Intervention

Research Interests: Risk assessment for general, violent or sexual recidivism and treatment/risk management for justice-involved youth and adults

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### **Dr. Lindsay Uman**

*Ph.D., 2009, Dalhousie University*

Psychologist, Community Mental Health and Addictions (Dartmouth Site)

Clinical Interests: Assessment and treatment of children and adolescents with anxiety disorders, disruptive behaviour disorders, mood disorders, learning issues, and health-related issues affecting mental health. Treatments are typically cognitive-behavioural and involve individual, group, and parent training components.

Research Interests: Psychological interventions for pediatric pain, systematic reviews, relationship between pain and anxiety, and quality improvement of randomized controlled trials.

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**Dr. Rosalind Woodworth**

*Ph.D., 2014, University of Tasmania*

Psychologist, Forensic Services

Clinical Interests: Family-based treatment of children and adolescents with disruptive behaviour disorders; outreach services for families with complex needs; diagnostic and psychoeducational assessments; ADHD and learning challenges; program evaluation and development.

Research Interests: program and outcome evaluation, positive psychology

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