



One sunny morning, Snooze the Bear woke up and stretched their big, furry arms. (Stretch your arms up high!) Today was a special day—Snooze was going on a walk in the forest.

Snooze wiggled their toes with excitement. (Wiggle your toes!)



In the forest, Snooze found a big log in their path. "I'll have to go over it!", Snooze said. (Lift one leg up, then the other!)

Next, Snooze came to a sparkling river. Snooze needed to step on the stones to cross the river. (Tap your feet one at a time!)



As Snooze continued, he heard a gentle buzzing sound. "Oh no! A busy bee is nearby!" Snooze quickly ducked their head to let the bee fly past. (Gently lower your head!)

Then, Snooze saw a yummy-looking berry bush and stopped for a snack. (Stretch your arms out and pretend to pick berries!)



After a while, Snooze reached a big hill. "I need to climb up!" he said. (Lift your arms and legs one at a time like you're climbing!)



When Snooze reached the top, they took a deep breath and looked around. "Wow, what a sight!" (Take a deep breath!)



**Why shouldn't you wake a sleeping bear?**  
Because they get *grizzly* when they don't get enough sleep!

**What do bears do when they can't sleep?**  
They count *honey jars* instead of sheep!



**What's a bear's favorite way to fall asleep?**  
With a big *bear hug*!

**Why do bears love bedtime stories?**  
Because they always have a *paws-itive* ending!



**Why did the bear bring a ladder to the dance party?**  
Because he wanted to *raise the roof*!

