



IWK Health

Pediatric Rehabilitation  
Services

# The Village News

## April's Special Dates

- 6 – Tartan Day
- 9 – Vimy Ridge Day
- 13 – Palm Sunday
- 13 – First day of Passover
- 18 – Good Friday
- 18 – Orthodox Good Friday
- 19 – Holy Saturday
- 19 – Orthodox Holy Saturday
- 20 – Easter Sunday
- 20 – Last day of Passover
- 20 – Orthodox Easter
- 21 – Orthodox Easter Monday
- 23 – Yom AhShoah

April 2025

- Join Transition Research Team
- Camp Triumph
- Camp Brigadoon
- Inclusive Movement
- Patient & Caregiver Engagement Recruitment
- Transition Recruitment
- Intervention Practice Study
- NHI Child Culture Study
- Recruiting for F-words Foundation Course
- Autism Education Series
- Interplay Research Study
- Parasport

Contact:

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# JOIN OUR RESEARCH TEAM

Do you have experience moving from pediatric to adult healthcare for a long-term health condition?

If you, or someone you supported, transitioned from pediatric to adult care for a health condition such as inflammatory bowel disease (IBD), juvenile idiopathic arthritis, diabetes or cystic fibrosis, you may be eligible to join a research team as a **Patient/Public Partner**. Our research is looking at health care visits before and after transfer to adult care to better understand transition.

As a research partner, you would:

- help us understand health data on transition to adult care
- identify ways to improve care
- share study results
- attend virtual meetings and be paid for your time



Scan the QR code or use the link below to learn more!



[www.mssu.ca/get-involved/opportunities](http://www.mssu.ca/get-involved/opportunities)



MSSU  
USSM

Maritime SPOR SUPPORT Unit  
Unité de soutien SRAP des Maritimes





Est. 2005

Where kids with a sick family member get to be KIDS.



When a parent or sibling is seriously ill or has a disability, stress, strain, and worry grips the family. Camp Triumph provides an oasis for the “other” kids who have to grow up too fast.

Camp Triumph is for children aged 7-16 who have a family member with a chronic illness or disability. They try new things, while building confidence, self-esteem, positive coping strategies, and resilience. All campers attend for free.



**SUMMER 2025**

Session One (Leadership Camp): **July 16 - 26**

Session Two: **July 20 - 26**

Session Three: **July 27 - August 2**

Session Four (Leadership Camp): **Aug. 6 - 16**

Session Five: **August 10 - 16**

Session Six: **August 17 - 23**



info@camptriumph.ca

Info, register online at [camptriumph.ca](http://camptriumph.ca)





# BRIGADOON VILLAGE

## 2025 Camp Programs

### Leadership Training

July 1<sup>st</sup> - July 4<sup>th</sup>

### WEEK 1

July 6<sup>th</sup> - July 11<sup>th</sup>

#### Camp Silly-Yak

Celiac Disease

### WEEK 2

July 13<sup>th</sup> - July 18<sup>th</sup>

#### Arthritis Society Canada's Camp JoinTogether

Juvenile Arthritis

### WEEK 3

July 20<sup>th</sup> - July 25<sup>th</sup>

Mixed Medical Week

#### Camp Brainiac

Neurosurgery Conditions

#### Camp Braveheart

Heart Conditions

#### Camp Clots-of-Fun

Bleeding Disorders

#### Camp Scoliosis

Scoliosis

### WEEK 4

July 27<sup>th</sup> - August 1<sup>st</sup>

#### Camp BELIEVE

Parental Mental Illness

#### Camp Solace

Family Bereavement

### WEEK 5

August 3<sup>rd</sup> - August 8<sup>th</sup>

Canadian Cancer Society's

#### Camp Goodtimes

Living with or Beyond Cancer

### WEEK 6

August 10<sup>th</sup> - August 15<sup>th</sup>

#### Camp Carpe Diem

Epilepsy

#### Camp See-Ya

Blind or Visually Impaired

#### Camp Treasure Chest

Asthma, Anaphylaxis,  
Lung Conditions

### WEEK 7

August 17<sup>th</sup> - August 22<sup>nd</sup>

Mixed Medical Week

#### Camp Lots-a-Wata

Kidney Disease

#### Camp Trailblazers

Craniofacial Differences

#### Camp Whatcha Say

Deaf or Hard of Hearing

### WEEK 8

August 24<sup>th</sup> - August 29<sup>th</sup>

#### Camp Guts & Glory

IBD & Ostomies

#### Camp Treasure Chest

Asthma, Anaphylaxis,  
Lung Conditions



Giving extraordinary kids a chance to be ordinary!

Visit our website to learn more and apply!

1-888-471-5666 | [camp@brigadoonvillage.org](mailto:camp@brigadoonvillage.org)

[www.brigadoonvillage.ca](http://www.brigadoonvillage.ca)





# Inclusive Movement

Accessible dance classes for individuals 4 and up with diverse needs.

## FRIDAYS

- ✓ 5:00pm-6:00pm (ages 18+)

## SATURDAYS

- ✓ 10:45am-11:30am (ages 4-12)
- ✓ 11:45am-12:30pm (ages 4-12)
- ✓ 12:45pm-1:45pm (ages 12+)

REGISTER TODAY!



# HELP SHAPE PATIENT AND CAREGIVER ENGAGEMENT AT THE IWK

Are you a patient or caregiver ?

Do you have experience being engaged in the health or research system ?

## WHAT IS THIS STUDY ABOUT ?

The IWK is working to build a Learning Health System. This system will bring together clinical care, policy, research, and patients and families. We want to **understand your needs, values, and perspectives related to engagement** in this new initiative.

## WHO CAN PARTICIPATE ?

You may be eligible to participate if you are a:

- Patient aged 13-18 OR caregiver
- With prior or current experience being engaged as: a partner on a research team for a pediatric study, or as a member of an IWK committee or council

## HOW DO I PARTICIPATE ?

Participate in one **30-60 minute** phone or online **interview**. Participants will receive a gift card as a thank-you. Contact Grace MacIntyre for more information.

**To learn more, contact:**

Grace MacIntyre, Principal Investigator  
GRACE.MACINTYRE@DAL.CA



# We want to hear from you for a study on transition to adult health care!



Are you:

Between the ages of 18 to 24 years old?

Actively or recently transitioning to adult care services?

Living with physical or mental health conditions or disabilities?

### Study Aim:

We want to identify the most important factors for a good transition experience that will ensure high-quality care across Canada.

### Study Benefits:

There are no direct benefits to you participating in this study, but your response may help improve transition care in Canada.

### What would you be asked to do:

Three online sessions over a six-week period

Two surveys (~1 hour) + one discussion board (~1.5 hours)

All participants will receive compensation.

To learn more about the study, contact us at  
[qualityindicators.transition@sickkids.ca](mailto:qualityindicators.transition@sickkids.ca)

The Quality Indicators for Transition to Adult Care study is led by  
Dr. Alene Toulany MD, M.Sc., FRCPC and Dr. Sarah Munce, M.Sc., PhD

[Click to learn more](#)

**SickKids**<sup>®</sup>

[Click to participate](#)

# We want to hear from you for a study on transition to adult health care!



Are you a parent or caregiver of a young person with physical or mental health conditions or disabilities who is currently transitioning or has transitioned to adult care in the last six years?

If so, contribute your voice to improve transition care as we aim to identify the most important factors to a positive transition experience that will ensure high-quality care across Canada.

Participate in three online sessions over a six-week period. This includes two surveys (~1 hour) + one discussion board (~1.5 hours)

All participants will receive compensation

To learn more about the study, contact us at [qualityindicators.transition@sickkids.ca](mailto:qualityindicators.transition@sickkids.ca)

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[Click to participate](#)





# Do you support adolescents in their transition from paediatric to adult care?

We need your help to establish a key set of quality indicators that are important to young people and caregivers and applicable and adaptable in all health settings.

## Who can participate?

Physicians, NPs, nurses, social workers, OTs, PTs, psychologists or other HCPs caring for youth with health conditions and their families

## Why participate?

Improve transition care  
Provide your expert opinion  
Join a national multi-stakeholder initiative

Participate in three online sessions consisting of two surveys and a discussion board over a six-week period

All participants will receive compensation

To learn more about the study, contact us at [qualityindicators.transition@sickkids.ca](mailto:qualityindicators.transition@sickkids.ca)

The Quality Indicators for Transition to Adult Care study is led by Dr. Alene Toulany MD, M.Sc., FRCPC and Dr. Sarah Munce, M.Sc., PhD

[Click to learn more](#)

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[Click to participate](#)



# Calling all child health leaders and administrators!

We need your help to establish a key set of quality indicators that are important to young people and caregivers and applicable and adaptable in all health settings.

## Who can participate?

Community agency leaders, managers, directors, VPs/executives, policy makers and other decision-makers in child health

## Why participate?

Improve transition care  
Provide your expert opinion  
Join a national multi-stakeholder initiative

Participate in three online sessions consisting of two surveys and a discussion board over a six-week period

All participants will receive compensation

To learn more about the study, contact us at [qualityindicators.transition@sickkids.ca](mailto:qualityindicators.transition@sickkids.ca)

The Quality Indicators for Transition to Adult Care study is led by Dr. Alene Toulany MD, M.Sc., FRCPC and Dr. Sarah Munce, M.Sc., PhD

[Click to learn more](#)

**SickKids<sup>®</sup>**

[Click to participate](#)

# Intervention Practices Study


## We are seeking participants

for an **online OR in-person** focus group discussing the approaches clinicians use when working with bilingual children on the autism spectrum

We are looking for adults who:

- Are the caregiver of a child between the ages of 18 - 72 months who has a presumed or confirmed autism diagnosis
- Have a child who has received autism services in Nova Scotia
- Speak a language other than English (e.g., Arabic, Spanish) at home

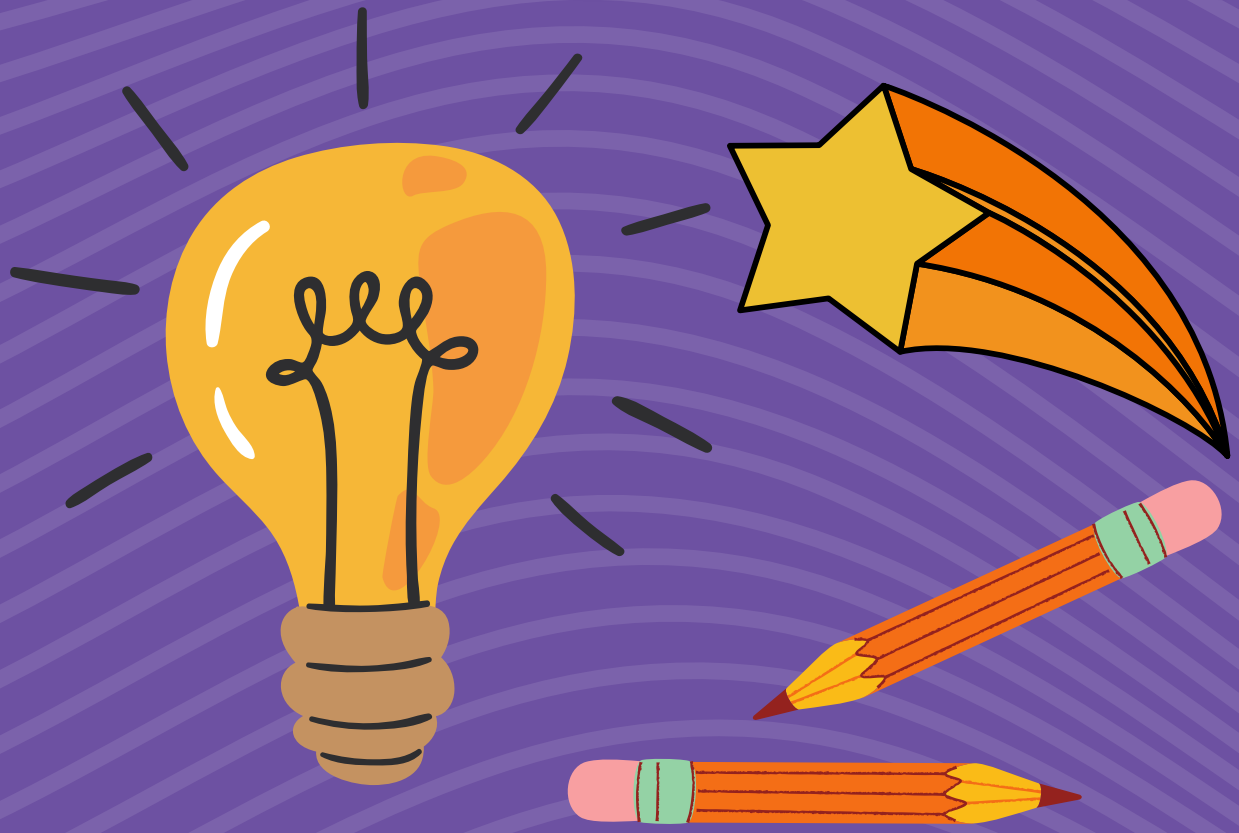
The study involves one session that is approximately 1.5 hours long. It requires either coming in-person to Dalhousie University **OR** an internet connection and access to a computer or tablet. To thank you for your participation you will receive a small compensation after the session.



For more information or to see if your child is eligible to participate please send us an email at [clicl@dal.ca](mailto:clicl@dal.ca) with the subject "Culture Study".

Website: [www.cliclabdalhousie.ca](http://www.cliclabdalhousie.ca)  
Research Ethics Board Approval Number 1030762

# TAKE PART IN A RESEARCH STUDY!



WE ARE LOOKING FOR KIDS WITH DISABILITIES TO JOIN OUR TEAM AS CO-RESEARCHERS!

## STUDY INFORMATION:

- We are looking for kids with disabilities, grades 3-6, living in **Halifax Regional Municipality, to join our team as Co-Researchers!**
- With help from kids as co-researchers, Dalhousie University researchers want to understand more about:
  - what kinds of things matter most to kids?
  - what do inclusion and belonging mean to kids?
- To answer these questions, Co-Researchers will help us come up with a research idea, choose kid-friendly activities or tools to study it, make sense of what we find out together, choose who to share our findings with, and choose how to share our findings in fun and creative ways.
- If you join our research team, we will meet 4 times as a small group.
- Co-Researchers will help to decide where and how the meetings will take place. All forms of communication and mobility are welcome!
- Co-Researchers will receive \$100 in gift cards of their choice for their time and contributions.

**CONTACT US AT**  
**[dalshift@dal.ca](mailto:dalshift@dal.ca)**  
**FOR MORE INFORMATION**

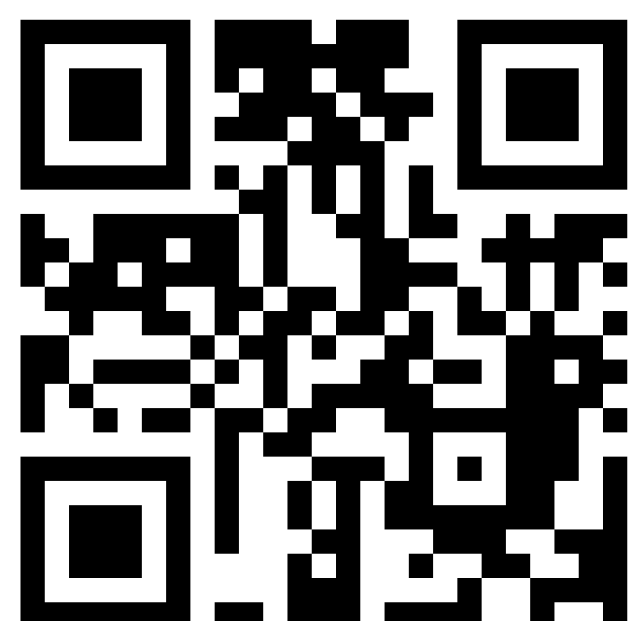
PROJECT LEAD: DR. SHANON PHELAN, DALHOUSIE UNIVERSITY

Dalhousie REB# 2024-7083

PROJECT TITLE: Promoting Health and Well-Being of Children experiencing Disability through Inclusion in Child Culture



Learn more about the Research Team here!



**DALHOUSIE**  
**UNIVERSITY**

## Recruiting for F-words Foundations Course

Are you a service provider to, or a family member (parent/caregiver) of, someone with a developmental concern in Canada?

If so, we would like to invite you to be part of our F-Words Foundations Course study! The 'F-words for Child Development' (Functioning, Family, Fitness, Fun, Friends, Future) provide a family-centred, strengths-based, holistic approach to child health and development.

For the study, you will choose to complete one of two versions of the online F-words Foundations Course: (i) the self-paced version; or (ii) an online facilitated version that involves the self-paced version plus weekly one-hour online discussion groups with other caregivers and service providers.

You will also be asked to complete a questionnaire at baseline, program completion, and three months post-completion. A subset of parents and service providers will be asked if they would like to participate in an optional interview upon of completing the program.

Please contact Sarah, [hopmansn@mcmaster.ca](mailto:hopmansn@mcmaster.ca), if you would like more information about the study.

Thank you!



# Autism Education Series

Explore resources to support your family in learning more about autism.



Scan here with your smartphone camera to learn more and access the Autism Education Series:



[Visit the IWK Health Website](#)



# Autism Education Series:

The resources below have been created to support families with preschool-age children to learn more about autism.

## Understanding Autism / Comprendre l'autisme

*EN: Learn about the features of autism, support services, and autism acceptance.*

*FR: Découvrez les caractéristiques de l'autisme, les services de soutien, et l'acceptation de l'autisme.*

## Making Sense of Behaviour

*Understand the meaning of behaviour and strategies to teach skills.*

## Parent Perspectives

*A Parent and Family Advisor shares their family's autism journey.*

## Exploring Play

*Explore ideas for playing together with your child.*

## Engagement

*Set up the stage for your child's communication.*

## Social Communication

*Build your child's social communication skills.*

## Positive Behaviour Support

*Respond to behaviours of concern and teach your child new skills in daily routines.*

## Toileting

*Prepare to teach toileting, practice the skills, and show your child that they are successful.*

## Self-Care for Parents and Caregivers

*Reminders about how important it is to ask for help and to take care of yourself.*



IMPLEMENTATION OF  
INTENSIVE THERAPY FOR  
EARLY REACH THROUGH PLAY

## Share your **experiences** with **HAND THERAPY**

Complete an online survey about things that may influence early intensive hand therapy for young children with cerebral palsy.

Across Canada, we'd like to hear from:

- **Caregivers** of a child with cerebral palsy under 6 years old.
- **Occupational Therapists** who provide therapy for children with cerebral palsy.
- **Leaders** who manage occupational therapy programs.



Take a picture to participate in the survey

Participants will receive \$25

Questions? Ask us at [interplay.study@ucalgary.ca](mailto:interplay.study@ucalgary.ca)

This study has been approved by the University of Calgary Conjoint Health Research Ethics Board (REB22-1692)



# Parasport's in Nova Scotia

*Para or Adaptive sports are competitive and/or recreational sports that are accessible to everyone, and can be played by anyone whether living with or without a disability!*



**Did you know there are tons of Parasport opportunities available in communities all across Nova Scotia? Visit [parasportns.com](http://parasportns.com) to learn more about all the individual programs that are available across the province!**

## Examples of Parasport's Available Across Nova Scotia include;

- |  |                    |   |                              |
|--|--------------------|---|------------------------------|
|  | <b>Para Hockey</b> |  | <b>Wheelchair Curling</b>    |
|  | <b>Boccia</b>      |  | <b>Wheelchair Basketball</b> |
|  | <b>Para-Canoe</b>  |  | <b>Ski &amp; Snowboard</b>   |
|  | <b>Goalball</b>    |  | <b>Powerchair Soccer</b>     |

*Map of Programs in Nova Scotia*



# Parasport FAQ's

## Do you need to have a specific disability to participate in Parasport programs?

NO! Parasport's are designed to create a more inclusive and accessible sport environment. This means that at a recreational level they are open to participants of all abilities! Depending on your ability, certain sports may provide a better experience than others. You can check out each parasport offered in Nova Scotia at [www.parasportns.com](http://www.parasportns.com) to see which sport might be the best fit for you, or you can reach out to [parasport@sportnovascotia.ca](mailto:parasport@sportnovascotia.ca) if you need additional assistance or guidance!

*\* At competitive National levels and above all Parasport's have classification systems to group similar abilities together for competition*

## How do I register for a program?

Parasport programs are not provided directly by Sport Nova Scotia, but by a variety of different organizations across the province! Each organization has their own registration process, but a centralized list of programs, links to register, and contact info can be found at [www.parasportns.com](http://www.parasportns.com)! If you are having trouble finding the info for a specific sport or program, you can reach out to [parasport@sportnovascotia.ca](mailto:parasport@sportnovascotia.ca) to get started!

## What is the cost?

Cost varies program to program depending on the organization providing the program. Most parasport programs in Nova Scotia are low to no cost to register! If cost is a barrier, there are funding options such as KidSport available - <https://kidsportcanada.ca/nova-scotia/provincial-fund/>. There are also a number of municipalities across the province that offer subsidies for sport registration fees for youth.



## I don't know what sport would be a good fit for me/ my child?

You can check out each parasport offered in Nova Scotia at [www.parasportns.com](http://www.parasportns.com) to see which sport might be the best fit for you, or you can reach out to [parasport@sportnovascotia.ca](mailto:parasport@sportnovascotia.ca) if you need additional assistance or guidance!

## Is there a parasport program in my community?

There are parasport programs offered in communities all across Nova Scotia! You can find a map and list of available programs at [www.parasportns.com](http://www.parasportns.com)!

## Are there any options if there is no programs in my community?

Yes! Sport Nova Scotia offers the Parasport Program Loan which loans out the equipment, training and resources for a selection of parasports to eligible organizations to trial them in new communities! To find more info on this program visit <https://www.parasportns.com/parasport-program-loan/> or email [parasport@sportnovascotia.ca](mailto:parasport@sportnovascotia.ca)

## Do I need to have my own equipment?

It varies program by program depending on the organization providing the program, but for the vast majority of programs, NO! Most programs provide any specialized equipment such as sport chairs, specialized balls, etc as part of the program.

