



IWK Health

Pediatric Rehabilitation  
Services

# The Village News

## July's Special Dates



1 – Canada Day

6 – Ashura (Tentative Date)

July 2025

-Club Inclusion -Recreation  
Calendar

Transition of Care Committee

-JLA-Phase 2

-Transportation Study

-Camp Triumph

-Camp Brigadoon

-Inclusive Movement

-Patient & Caregiver  
Engagement Recruitment

-Intervention Practice Study

-NHI Child Culture Study

-Recruiting for F-words  
Foundation Course

-Autism Education Series

-Interplay Research Study

-Parasport

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# SUMMER REC JULY 2025

## CLUB INCLUSION

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<b>PROGRAMS CLOSED</b> Canada Day	1 Summer Rec 3:30pm to 5:30pm Music with Pat Kickball ELVIS Active game 	2 Summer Rec 3:30pm to 5:30pm Zip Zap Zop Bounce - Bucket - Drench Hot Potato (Water Games) 	3	4
6	7 Summer Rec 3:30pm to 5:30pm 20 Questions Music Therapy 4pm-5pm Charades 	8	9 Summer Rec 3:30pm to 5:30pm Summer Craft Drip Drip Drop & What Time is it Blue Whale? (Water Games) 	10 Summer Rec 3:30pm to 5:30pm Heads Up 7 Up Creative Canvases: Painting a Camping Scene 	11	12
13	14 Summer Rec 3:30pm to 5:30pm UNO & Card Games Music Therapy 4pm-5pm Guess the Song (Water Game) 	15	16 Summer Rec 3:30pm to 5:30pm Music with Pat Drumfit Musical Chairs 	17 Summer Rec 3:30pm to 5:30pm Magic Tricks with Henry Stormy Seas Field Game Ping Pong Ball Cup Games 	18	19
20	21 Summer Rec 3:30pm to 5:30pm Guess Who? Music Therapy 4pm-5pm Sidewalk Chalk Art 	22	23 Summer Rec 3:30pm to 5:30pm Backyard Tent Party! Kan Jam Frisbee Ladder Golf 	24 Summer Rec 3:30pm to 5:30pm Gagaball Leaky Bucket & Relay Races (Water Games) 	25	26
27	28 Summer Rec 3:30pm to 5:30pm Color Grid Art Music Therapy 4pm-5pm Giant Jenga 	29	30 Summer Rec 3:30pm to 5:30pm Music with Pat Cup Games Day! Tower Knockdown Flip Cup Cups or Downs 	31 Summer Rec 3:30pm to 5:30pm Huckle Buckle Beanstalk Pool Noodle Frisbee Game Outdoor Relay Races 		

### Club Inclusion

Facebook: The Club Inclusion  
Instagram: @clubinclusion  
<https://prescottgroup.ca/>

Club Inclusion is a part of  
Prescott Group



### Registration & Fees

Pay As You Go: \$20 per session  
Summer Membership: \$300  
Registration is not required unless stated.

### How Can I Join?

To join our Summer Rec Program please reach out to  
Linnea, Supervisor - Youth Initiatives & Opportunities:  
[LinneaSinclair@PrescottGroup.ca](mailto:LinneaSinclair@PrescottGroup.ca)

### Water Games

If you would like to participate in Water Games,  
please arrive in clothes that can get wet, and bring  
a towel & a change of clothes!

### Where to find us

Club Summer Rec is located at St James Anglican Church  
Hall, on the Armdale rotary, 2652 Joseph Howe Drive.  
Fully accessible. Adult change table. Quiet space.

### Thank you

Supported by St James Anglican Church, and  
generous donors in the community.





# Transition of Care Committee

Join us  
online!

Are you...

- *A current or former patient or caregiver at IWK Health?*
- *Heading to Adult Care or already there?*
- *Looking to improve the transition to adult care for yourself and others?*

The **Transition of Care Committee** brings together patients (14-24 years old), family members, & healthcare providers to improve the transition from pediatric to adult health care. We create resources for youth, families & health care providers, do research and advocate for improved transitions of care.

Our goal is to create a space where people feel valued and where a diversity of experiences from across the Maritimes helps us to make transition better for everyone.

For more information, contact  
[IWKTransition@iwk.nshealth.ca](mailto:IWKTransition@iwk.nshealth.ca)  
or visit

[iwkhealth.ca/get-involved/transition-care-committee](http://iwkhealth.ca/get-involved/transition-care-committee).





# **We Asked. You Answered. Now Help Shape What Comes Next!**

We asked people with experience in **childhood physical disability** to share their research questions - now we need your help to choose the top ones!

- ✓ **Vote on the research questions most important to you**
- ✓ **Help identify the Top 25 priorities to guide future research**

## **Who Can Participate?**

Youth (12+) with a physical disability

Caregivers of children or youth with physical disabilities

Adults who had a childhood-onset physical disability

Health professionals or service providers who work with children/youth with physical disabilities

**Scan the QR code or click the link in description to start the survey:**



Questions? Contact [Sofia1.So@iwk.nshealth.ca](mailto:Sofia1.So@iwk.nshealth.ca)



**DALHOUSIE**  
UNIVERSITY

This study has been approved by the IWK Research Ethics Board (File #1029972)

Poster Version 1 - April 25, 2025





Est. 2005

**Where kids with a sick family member get to be KIDS.**



When a parent or sibling is seriously ill or has a disability, stress, strain, and worry grips the family. Camp Triumph provides an oasis for the “other” kids who have to grow up too fast.

Camp Triumph is for children aged 7-16 who have a family member with a chronic illness or disability. They try new things, while building confidence, self-esteem, positive coping strategies, and resilience. All campers attend for free.



**SUMMER 2025**

Session One (Leadership Camp): **July 16 - 26**

Session Two: **July 20 - 26**

Session Three: **July 27 - August 2**

Session Four (Leadership Camp): **Aug. 6 - 16**

Session Five: **August 10 - 16**

Session Six: **August 17 - 23**



info@camptriumph.ca

**Info, register online at [camptriumph.ca](http://camptriumph.ca)**







# BRIGADOON VILLAGE

2025 **Camp Programs**

## Leadership Training

July 1<sup>st</sup> - July 4<sup>th</sup>

### WEEK 1

July 6<sup>th</sup> - July 11<sup>th</sup>

**Camp Silly-Yak**  
Celiac Disease

### WEEK 2

July 13<sup>th</sup> - July 18<sup>th</sup>

**Arthritis Society Canada's  
Camp JoinTogether**  
Juvenile Arthritis

### WEEK 3

July 20<sup>th</sup> - July 25<sup>th</sup>  
Mixed Medical Week

**Camp Brainiac**  
Neurosurgery Conditions

**Camp Braveheart**  
Heart Conditions

**Camp Clots-of-Fun**  
Bleeding Disorders

**Camp Scoliosis**  
Scoliosis

### WEEK 4

July 27<sup>th</sup> - August 1<sup>st</sup>

**Camp BELIEVE**  
Parental Mental Illness

**Camp Solace**  
Family Bereavement

### WEEK 5

August 3<sup>rd</sup> - August 8<sup>th</sup>

**Canadian Cancer Society's  
Camp Goodtimes**  
Living with or Beyond Cancer

### WEEK 6

August 10<sup>th</sup> - August 15<sup>th</sup>

**Camp Carpe Diem**  
Epilepsy

**Camp See-Ya**  
Blind or Visually Impaired

**Camp Treasure Chest**  
Asthma, Anaphylaxis,  
Lung Conditions

### WEEK 7

August 17<sup>th</sup> - August 22<sup>nd</sup>  
Mixed Medical Week

**Camp Lots-a-Wata**  
Kidney Disease

**Camp Trailblazers**  
Craniofacial Differences

**Camp Whatcha Say**  
Deaf or Hard of Hearing

### WEEK 8

August 24<sup>th</sup> - August 29<sup>th</sup>

**Camp Guts & Glory**  
IBD & Ostomies

**Camp Treasure Chest**  
Asthma, Anaphylaxis,  
Lung Conditions



*Giving extraordinary kids a chance to be ordinary!*

**Visit our website to learn more and apply!**

1-888-471-5666 | [camp@brigadoonvillage.org](mailto:camp@brigadoonvillage.org)

[www.brigadoonvillage.ca](http://www.brigadoonvillage.ca)







# Inclusive Movement

Accessible dance classes for individuals 4 and up with diverse needs.

## FRIDAYS

✓ 5:00pm-6:00pm (ages 18+)

## SATURDAYS

✓ 10:45am-11:30am (ages 4-12)

✓ 11:45am-12:30pm (ages 4-12)

✓ 12:45pm-1:45pm (ages 12+)

REGISTER  
TODAY!





# HELP SHAPE PATIENT AND CAREGIVER ENGAGEMENT AT THE IWK

Are you a patient or caregiver ?

Do you have experience being engaged in the health or research system ?

## WHAT IS THIS STUDY ABOUT ?

The IWK is working to build a Learning Health System. This system will bring together clinical care, policy, research, and patients and families. We want to **understand your needs, values, and perspectives related to engagement** in this new initiative.

## WHO CAN PARTICIPATE ?

You may be eligible to participate if you are a:

- Patient aged 13-18 OR caregiver
- With prior or current experience being engaged as: a partner on a research team for a pediatric study, or as a member of an IWK committee or council

## HOW DO I PARTICIPATE ?

Participate in one **30-60 minute** phone or online **interview**. Participants will receive a gift card as a thank-you. Contact Grace MacIntyre for more information.

**To learn more, contact:**

Grace MacIntyre, Principal Investigator  
GRACE.MACINTYRE@DAL.CA



**mitacs**





# Intervention Practices Study

## We are seeking participants

for an **online OR in-person** focus group discussing the approaches clinicians use when working with bilingual children on the autism spectrum

We are looking for adults who:

- Are the caregiver of a child between the ages of 18 - 72 months who has a presumed or confirmed autism diagnosis
- Have a child who has received autism services in Nova Scotia
- Speak a language other than English (e.g., Arabic, Spanish) at home

The study involves one session that is approximately 1.5 hours long. It requires either coming in-person to Dalhousie University **OR** an internet connection and access to a computer or tablet. To thank you for your participation you will receive a small compensation after the session.

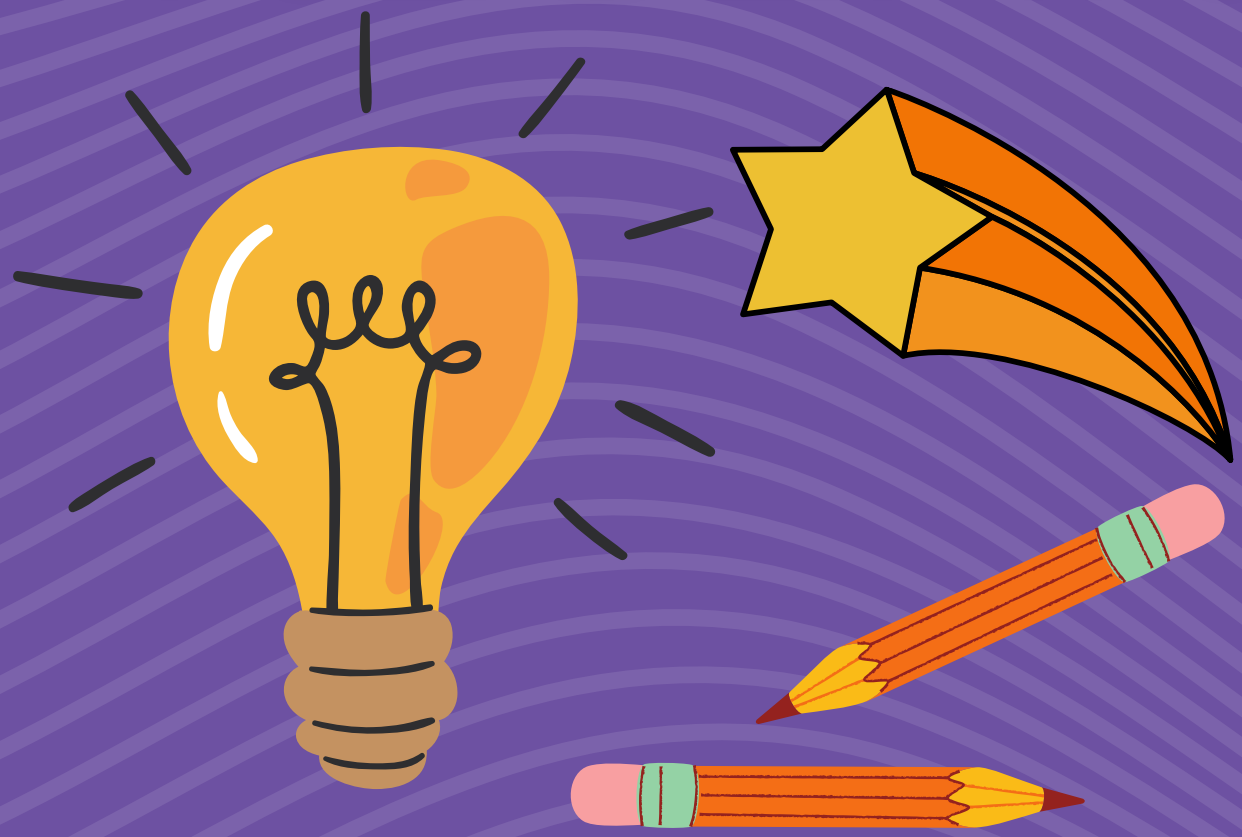
For more information or to see if your child is eligible to participate please send us an email at [cliclabb@dal.ca](mailto:cliclabb@dal.ca) with the subject "Culture Study".

Website: [www.cliclabdalhousie.ca](http://www.cliclabdalhousie.ca)  
Research Ethics Board Approval Number 1030762





# TAKE PART IN A RESEARCH STUDY!



**WE ARE LOOKING FOR  
KIDS WITH DISABILITIES  
TO JOIN OUR TEAM AS  
CO-RESEARCHERS!**

## **STUDY INFORMATION:**

- We are looking for kids with disabilities, grades 3-6, living in **Halifax Regional Municipality, to join our team as Co-Researchers!**
- With help from kids as co-researchers, Dalhousie University researchers want to understand more about:
  - what kinds of things matter most to kids?
  - what do inclusion and belonging mean to kids?
- To answer these questions, Co-Researchers will help us come up with a research idea, choose kid-friendly activities or tools to study it, make sense of what we find out together, choose who to share our findings with, and choose how to share our findings in fun and creative ways.
- If you join our research team, we will meet 4 times as a small group.
- Co-Researchers will help to decide where and how the meetings will take place. All forms of communication and mobility are welcome!
- Co-Researchers will receive \$100 in gift cards of their choice for their time and contributions.

**CONTACT US AT**  
**[dalshift@dal.ca](mailto:dalshift@dal.ca)**  
**FOR MORE INFORMATION**

**PROJECT LEAD: DR. SHANON PHELAN, DALHOUSIE UNIVERSITY**

**Dalhousie REB# 2024-7083**

**PROJECT TITLE: Promoting Health and Well-Being of Children experiencing Disability through Inclusion in Child Culture**



**RESEARCH  
NOVA SCOTIA**

**Learn more about the  
Research Team here!**



**DALHOUSIE  
UNIVERSITY**



## Recruiting for F-words Foundations Course

Are you a service provider to, or a family member (parent/caregiver) of, someone with a developmental concern in Canada?

If so, we would like to invite you to be part of our F-Words Foundations Course study! The 'F-words for Child Development' (Functioning, Family, Fitness, Fun, Friends, Future) provide a family-centred, strengths-based, holistic approach to child health and development.

For the study, you will choose to complete one of two versions of the online F-words Foundations Course: (i) the self-paced version; or (ii) an online facilitated version that involves the self-paced version plus weekly one-hour online discussion groups with other caregivers and service providers.

You will also be asked to complete a questionnaire at baseline, program completion, and three months post-completion. A subset of parents and service providers will be asked if they would like to participate in an optional interview upon of completing the program.

Please contact Sarah, [hopmansn@mcmaster.ca](mailto:hopmansn@mcmaster.ca), if you would like more information about the study.

Thank you!





# Autism Education Series

Explore resources to support your family in learning more about autism.



Scan here with your smartphone camera to learn more and access the Autism Education Series:



[Visit the IWK Health Website](#)





# Autism Education Series:

The resources below have been created to support families with preschool-age children to learn more about autism.

## Understanding Autism / Comprendre l'autisme

*EN: Learn about the features of autism, support services, and autism acceptance.*

*FR: Découvrez les caractéristiques de l'autisme, les services de soutien, et l'acceptation de l'autisme.*

## Making Sense of Behaviour

*Understand the meaning of behaviour and strategies to teach skills.*

## Parent Perspectives

*A Parent and Family Advisor shares their family's autism journey.*

## Exploring Play

*Explore ideas for playing together with your child.*

## Engagement

*Set up the stage for your child's communication.*

## Social Communication

*Build your child's social communication skills.*

## Positive Behaviour Support

*Respond to behaviours of concern and teach your child new skills in daily routines.*

## Toileting

*Prepare to teach toileting, practice the skills, and show your child that they are successful.*

## Self-Care for Parents and Caregivers

*Reminders about how important it is to ask for help and to take care of yourself.*





IMPLEMENTATION OF  
INTENSIVE THERAPY FOR  
EARLY REACH THROUGH PLAY

## Share your **experiences** with **HAND THERAPY**

Complete an online survey about things that may influence early intensive hand therapy for young children with cerebral palsy.

Across Canada, we'd like to hear from:

- **Caregivers** of a child with cerebral palsy under 6 years old.
- **Occupational Therapists** who provide therapy for children with cerebral palsy.
- **Leaders** who manage occupational therapy programs.



Take a picture to participate in the survey

Participants will receive \$25

Questions? Ask us at [interplay.study@ucalgary.ca](mailto:interplay.study@ucalgary.ca)

This study has been approved by the University of Calgary Conjoint Health Research Ethics Board (REB22-1692)



# Parasport's in Nova Scotia

*Para or Adaptive sports are competitive and/or recreational sports that are accessible to everyone, and can be played by anyone whether living with or without a disability!*

**Did you know there are tons of Parasport opportunities available in communities all across Nova Scotia? Visit [parasportns.com](http://parasportns.com) to learn more about all the individual programs that are available across the province!**



**Examples of Parasport's Available Across Nova Scotia include;**

- |   |  |
|---|--|
|  <b>Para Hockey</b> |  <b>Wheelchair Curling</b>    |
|  <b>Boccia</b>      |  <b>Wheelchair Basketball</b> |
|  <b>Para-Canoe</b>  |  <b>Ski &amp; Snowboard</b>   |
|  <b>Goalball</b>    |  <b>Powerchair Soccer</b>     |

*Map of Programs in Nova Scotia*





# Parasport FAQ's

## Do you need to have a specific disability to participate in Parasport programs?

NO! Parasport's are designed to create a more inclusive and accessible sport environment. This means that at a recreational level they are open to participants of all abilities! Depending on your ability, certain sports may provide a better experience than others. You can check out each parasport offered in Nova Scotia at [www.parasportns.com](http://www.parasportns.com) to see which sport might be the best fit for you, or you can reach out to [parasport@sportnovascotia.ca](mailto:parasport@sportnovascotia.ca) if you need additional assistance or guidance!

*\* At competitive National levels and above all Parasport's have classification systems to group similar abilities together for competition*

## How do I register for a program?

Parasport programs are not provided directly by Sport Nova Scotia, but by a variety of different organizations across the province! Each organization has their own registration process, but a centralized list of programs, links to register, and contact info can be found at [www.parasportns.com](http://www.parasportns.com)! If you are having trouble finding the info for a specific sport or program, you can reach out to [parasport@sportnovascotia.ca](mailto:parasport@sportnovascotia.ca) to get started!

## What is the cost?

Cost varies program to program depending on the organization providing the program. Most parasport programs in Nova Scotia are low to no cost to register! If cost is a barrier, there are funding options such as KidSport available - <https://kidsportcanada.ca/nova-scotia/provincial-fund/>. There are also a number of municipalities across the province that offer subsidies for sport registration fees for youth.



## I don't know what sport would be a good fit for me/ my child?

You can check out each parasport offered in Nova Scotia at [www.parasportns.com](http://www.parasportns.com) to see which sport might be the best fit for you, or you can reach out to [parasport@sportnovascotia.ca](mailto:parasport@sportnovascotia.ca) if you need additional assistance or guidance!

## Is there a parasport program in my community?

There are parasport programs offered in communities all across Nova Scotia! You can find a map and list of available programs at [www.parasportns.com](http://www.parasportns.com)!

## Are there any options if there is no programs in my community?

Yes! Sport Nova Scotia offers the Parasport Program Loan which loans out the equipment, training and resources for a selection of parasports to eligible organizations to trial them in new communities! To find more info on this program visit <https://www.parasportns.com/parasport-program-loan/> or email [parasport@sportnovascotia.ca](mailto:parasport@sportnovascotia.ca)

## Do I need to have my own equipment?

It varies program by program depending on the organization providing the program, but for the vast majority of programs, NO! Most programs provide any specialized equipment such as sport chairs, specialized balls, etc as part of the program.

