CHILD LIFE SERVICES IWK HEALTH

Donation Wish List - 2025



Dear Donor,

Thank you for your interest in donating to the IWK to support our patients and families. Through the generosity of our donors, these donations support our Child Life programs, playrooms, holidays and celebrations throughout the whole year!

Below you will find a listing of toys and gifts needed and accepted by Child Life Services at IWK Health.

In keeping with our Infection Control Policy, we are only able to accept new and unwrapped toys. If you have any questions please do not hesitate to contact Child Life Services at 902-470-8426 or by email childlife@iwk.nshealth.ca.

In person deliveries must be scheduled in advance to ensure all safety measures are put in place. The deadline for in-person delivery of donations is December 19th.

We encourage online shopping using any website that can ship directly to the health centre (see address below), and/or monetary donations which can be made by cheque or virtually through the IWK Foundation website and noting your donation is for Child Life. iwkfoundation.org

Be sure to address deliveries to:

IWK Health Att: Child Life Services 5850/5980 University Ave, Halifax, NS B3K 6R8

Thank you for your time and generosity!



AGE APPROPRIATE TOYS

Infant Items (Birth to 12 Months)

- Plastic teethers
- Stacking/Nesting toys
- Rattles
- Baby Mirrors
- Pop-up toys
- Board books (high contrast)

Toddler & Preschool Items (1 to 4 years)

- Board Books
- Little plastic characters (little people,
- animals, etc.)
- Light up toys
- Baby dolls & accessories
- Trains, sets & accessories (Thomas, Brio)
- Building blocks
- Pretend play items (Dish sets, Doctor kits,
- Restaurant sets)

School Age Items (5-11 years)

- · Assorted mini building block sets (Star Wars,
- Ninjago, City Lego, Lego dots, etc.)
- Barbie dolls & Accessory sets
- Interactive dolls and animals (FurReal friends,
- Baby Alive, etc.)
- Toy metal cars (matchbox, Hot Wheels) & playsets
- Action figures without weapons
- Surprise package toys (LOL, Lucky Fortune,
- Barbie Reveal, etc.)

Adolescent Items (12-19 years)

- Good headphones (wireless, earbuds, or
- over the ear, with microphone)
- · Bluetooth speakers
- Firesticks, Chromecast
- Team jerseys
- Brand named hoodies, PJs
- Nail polish, manicure sets, make up
- Sports equipment football, soccer balls, etc.
- Instax camera or accessories, pocket printers
- Reusable cups: Yeti, Stanley, Owala, BruMate
- Gift Cards (Happy Kid, Happy Teen, Multistore, Gaming store)

CHILDREN WITH DIVERSE ABILITIES

These are specially adapted toys to be used by children of all ages with diverse needs

- Sound Machine (white noise, rain, waves, etc.)
- Light up, musical & tactile toys and books
- Handheld musical instruments (maracas,
- tambourines, egg shakers, etc.)
- Therapeutic chew items

ALL AGES ITEMS (BIRTH-18 YEARS)

- Gift Cards
- Popular Brand name toys (Paw Patrol, Peppa
- Pig, Mario, Little People, Thomas the train,
- VTech)
- Musical toys
- New Stuffed Animals (Squishmallows,
- Build-a-bear, Beanie boos) *must be new with tags
- Ukulele

ARTS & CRAFTS SUPPLIES

- Playdoh and shape cutters
- Non-toxic slime kits
- Water coloring books and supplies
- Fabric paints & markers
- Jewelry making kits
- Acrylic paints
- · Paint by number kits
- Craft project kits (for all ages)
- Tie dye kits
- Canvases (all sizes)
- Science experiment kits
- Beads and beading supplies
- · Bracelet making kits
- Clay and Model Magic
- Crayons, colored pencils, marker
- Slime kits
- Diamond Art / Paint by Sticker Books
- · Adult coloring books

ELECTRONICS

Please call us to discuss an electronics donation!

GAMES

Popular brand name card and board games only

Self-Care Items

- Power banks/phone chargers
- Deodorant
- Toothpaster/Tooth Brush
- Hairbrushes
- Hair care supplies/accessories
- Silk pillowcases
- Socks
- Underwear

*The above suggestions are guidelines for donations. We welcome all new and unwrapped toys, board books, games, gift cards and monetary donations.

*If you would like to make a monetary donation, please call Child Life at 470-8426.

*Gifts for infants and teenagers are always appreciated as they are often overlooked patient groups during the year and holidays.

Thank you again on behalf of the patients & families at IWK Health.



