

**Clinical Genomics Laboratory**

5850/5980 University Ave, PO Box 9700
Halifax, NS B3K 6R8
Phone: (902) 470-6504 Fax: (902) 470-7466
Email: clinicalgenomics@iwk.nshealth.ca

For additional up-to-date testing information and our most current requisitions, please visit our website: <http://www.iwk.nshealth.ca/clinical-genomics/>

POSTNATAL MICROARRAY TESTING*Order as: Molecular IWK***Patient Information**

Name (LAST, FIRST MIDDLE):

DOB (dd/mmm/yyyy):

Health Card #:

Province of Residence:

MRN #:

Accession #:

Phenotips ID (MMGS only):

Sex Assigned at Birth:

Legal Gender:

Sample Information

Peripheral blood — Lavender EDTA 3mL (newborns <1 month: 1mL)
 Postmortem blood — Lavender EDTA 3mL
 DNA#: _____ Cultured cells: _____
 Tissue — specify source: _____
 Cord blood - see reverse for collection instructions. A maternal EDTA blood sample is also required.

Collection Date/Time:

Collection Facility:

Collector Initials:

Indicate if the Patient has:

Had an allogeneic bone marrow transplant
 A current hematological neoplasm
 Received blood products containing leukocytes/non-irradiated RBCs in ≤14 days

Indication and Reason for Testing**Request for Expedited Result:**

Results will impact a pregnancy management decision: specify EDC _____
 Medical intervention: specify, include date _____
 Other: specify _____

Testing Category: Required

Developmental Delay/Intellectual Disability
 Autism Spectrum Disorder
 Multiple Congenital Anomalies
 Other: _____

Additional Molecular Test Requests:

Fragile X* Angelman Syndrome
 Prader-Willi Syndrome Rett Syndrome (MECP2)
 Other: _____

*refer to iwhkhealth.ca/CGL/TestMenu for Fragile X testing restrictions**DNA Storage:**

Extract & hold (5 year retention): Testing likely to follow within 5 years
 Irreplaceable storage (25 year retention): Testing likely to follow beyond 5 years **AND**
 sample cannot be recollected

Pedigree/Additional Information:

Consanguinity: specify _____

Ethnic Acadian Ashkenazi Jewish Indigenous French Canadian HispanicBackground: African European Caucasian Asian Middle Eastern Other**Ordering Health Care Provider Information**

Name:

Office/Institution:

Phone #:

Fax # **(Required):**

Email:

Confirmation of Informed Consent*: I (or my designate) have explained the risks, benefits, and limits of the tests requested, and have answered the patient's questions. In my opinion, the patient understands and has given informed consent for this testing.

Signature **(Required):**

Health Care Provider

Date signed (dd/mmm/yy)

Additional Copies to:

Health care provider:

Facility:

Phone #:

Fax #:

Clinical Phenotype: check all that apply**DEVELOPMENTAL**

Fine motor delay
 Gross motor delay
 Speech delay
 Other: _____

NEUROLOGICAL

Ataxia
 Dystonia
 Chorea
 Hypotonia
 Neural tube defect
 Seizures
 Spasticity
 Structural brain anomaly
 Cerebral palsy
 Other: _____

COGNITIVE

Learning disability
 Intellectual disability
 Other: _____

BEHAVIOURAL

Autistic features
 Autism spectrum disorder
 Obsessive-compulsive disorder
 Other: _____

GROWTH

Failure to thrive
 Overgrowth
 Short stature
 Other: _____

ENDOCRINE/METABOLIC

Hypocalcemia
 Hypercalcemia
 Hypogonadism
 Hypothyroidism
 Other: _____

CRANIOFACIAL

Cleft lip
 Cleft palate
 Coloboma of eye
 Craniosynostosis
 Dysmorphic facial features
 Ear malformations
 Macrocephaly
 Microcephaly
 Other: _____

GENITOURINARY:

Atypical genitalia
 Hydronephrosis
 Hypospadias
 Cryptorchidism
 Kidney malformation
 Ureteral obstruction
 Other: _____

GASTROINTESTINAL

Gastrochisis
 Hirschprung disease
 Omphalocele
 Pyloric stenosis
 Tracheoesophageal fistula
 Other: _____

PERINATAL HISTORY

Prematurity
 Intra-uterine growth retardation
 Oligohydramnios
 Polyhydramnios
 Other: _____

MUSCULOSKELETAL

Contractures
 Club foot
 Diaphragmatic hernia
 Limb anomaly
 Polydactyly
 Scoliosis
 Syndactyly
 Vertebral anomaly
 Other: _____

CUTANEOUS

Hyperpigmentation
 Hypopigmentation
 Other: _____

FAMILY HISTORY

Parents with ≥ 3 miscarriages
 Other relative with similar clinical history (describe):

Please see reverse page for collection information and shipping instructions

Rev:Nov2025



Clinical Genomics Laboratory

5850/5980 University Ave, PO Box 9700
Halifax, NS B3K 6R8
Phone: (902) 470-6504 Fax: (902) 470-7466
Email: clinicalgenomics@iwk.nshealth.ca

For additional up-to-date testing information and our most current requisitions, please visit our website: <http://www.iwk.nshealth.ca/clinical-genomics/>

POSTNATAL MICROARRAY TESTING

Order as: Molecular IWK

Sample Requirements for Microarray Genetic Testing

Peripheral blood: Collect 3mL in lavender EDTA (newborns <1 month: 1mL). Do not centrifuge or freeze. Ship at room temperature within 72 hours. (Note: if patient has received blood product containing leukocytes or non-irradiated red blood cells in the last 14 days, contact the laboratory before collection as the sample may not be suitable for all testing. Transfusions of irradiated packed red blood cells, plasma, or platelets are accepted as these are not expected to affect this genetic testing.)

Postmortem blood: Collect 3mL in lavender EDTA. Send at room temperature within 72 hours. Alternatively, freeze at -80°C upon collection and send on dry ice.

Tissue (surgical/post-mortem): Do not place in formalin. If dry ice is available, freeze at -80°C upon collection (with no added saline) and send on dry ice. If dry ice is not available, do not freeze- collect the sample in sterile saline and send at 4°C within 24 hours. NOTE: if cytogenetic cell culture/karyotype is required, do not freeze- order using CYTOGENETICS CONSTITUTIONAL KARYOTYPE requisition. For Fetal Tissue (products of conception/fetal demise) please use the FETAL GENETIC TESTING requisition.

Cord Blood: NOTE- Please follow all instructions to avoid specimen rejection:

1. Label both specimen and requisition with neonatal demographics, including: infant name (or "Baby of MATERNAL LAST NAME, MATERNAL FIRST NAME"), infant's date of birth, and infant's HCN (NOTE: if infant's HCN is unavailable, use maternal HCN but clearly indicate "MOM" immediately beside HCN.)
2. Collect 3mL cord blood sample from cord using a syringe, maintaining clean technique to avoid maternal contamination of the specimen. Immediately transfer to labeled lavender EDTA tube.
3. Required: handwrite or affix a sticker on the specimen tube indicating "CORD BLOOD".
4. Ship to the laboratory at room temperature within 24 hours. Do not centrifuge or freeze specimen.
5. Note: a maternal peripheral blood specimen to rule out maternal cell contamination is also required- along with a separate GENERAL MOLECULAR GENETICS requisition.

Collection information for patients: Peripheral blood can be collected at any blood collection facility convenient for you; fasting is not required.

Informed Consent for Molecular Genetic Testing

Information to be discussed with patient by Healthcare Provider (note: consent for pathology specimens is included under the autopsy consent). Additional information regarding indications for testing and test limitations can be found at iwkhealth.ca/CGL/TestMenu. Turnaround times are available at iwkhealth.ca/CGL/TAT.

General Information about Genetic Testing

1. This test cannot detect every genetic abnormality. Therefore, a normal test result does not rule out all possible genetic conditions.
2. Correlation with clinical information may be required for accurate interpretation. Correct interpretation of results depend on accurate clinical findings, family relationships and other laboratory data provided.
3. This test might reveal:
 - a. Variants of uncertain significance (VUS). These variants may or may not be related to the patient's phenotype or disease.
 - b. Unexpected information about family relationships (e.g. non-paternity, consanguinity).
4. Complete interpretation of test results may require additional follow-up testing on other family members.
5. Test results are confidential, but may be used without identifying information for interpretation of testing for family members.
6. When available, genetic testing will be performed at the IWK Clinical Genomics Laboratory (CGL). When testing cannot be performed at CGL, testing may be referred out to an external laboratory.
7. Results from testing may be submitted to clinical databases anonymously as needed (with all identifying information removed). These clinical databases are used by the laboratory in order to assist in accurate interpretation of results.
8. Genetic counselling through Maritime Medical Genetics Service (MMGS) is available upon request: fax a referral to their department at 902-470-8709 or phone 902-470-8754 to request the appropriate forms.

Postnatal Microarray

- Microarray testing looks broadly at an individual's genetic information for areas of copy number variation (deletions/duplications) and absence of heterozygosity.
- Microarray is available only for patients who meet eligible indications. For more information, visit iwkhealth.ca/CGL/PostnatalMicroarray. If clinical criteria are not met, the request may be cancelled by the laboratory. Eligible indications include:
 - Developmental Delay/Intellectual Disability
 - Autism Spectrum Disorder
 - Multiple Congenital Anomalies

DNA STORAGE: For more information, refer to our policy at <https://iwkhealth.ca/CGL/SampleStorage>

Temporary Retention of Residual Samples: 5 years

- Following completion of testing, or when *Extract & Hold* is indicated, DNA will be stored for a minimum of 5 years. (Original specimens are not retained; excluding Medical Examiner tissues).
- Any additional testing of the sample will require a written request from a health care provider including a signed statement that the patient has been consented appropriately for the testing.
- When testing is complete, the laboratory may anonymize and use some of the residual sample or genetic data to improve and develop new testing. Unexpected genetic findings unrelated to the testing indication will not be reported.

Irreplaceable Storage: 25 years

- Long-term DNA storage is available upon request only when testing likely to follow beyond 5 years **AND** sample cannot be recollected.

Sample Disposal/Test Cancellation

- Sample disposal and test cancellation is available. Separate form is required: see *TEST CANCELLATION/SAMPLE DISPOSAL REQUEST FORM*