

# Nova Scotia Breast Screening Program

## Screening Mammogram: 2026 Mobile Schedule



## What is a screening mammogram?

A screening mammogram is two X-ray pictures of each breast performed by a highly trained mammography technologist.

### WHY ARE THEY IMPORTANT?

A screening mammogram looks for breast cancer in individuals who do not have breast symptoms. Screening mammograms can find breast cancer in its early stages, even before a lump can be felt. Anyone with symptoms such as a lump or new skin dimpling should see their health care provider immediately to determine if other testing is required.

### WHO IS ELIGIBLE?

To be eligible for a screening mammogram, you must have:

- No new breast symptoms
- No breast implants
- No personal history of breast cancer
- Minimum one year since previous mammogram
- Resident of Canada with a valid provincial health card

### HOW DO I BOOK ONE?

You can make the appointment yourself by calling the Nova Scotia Breast Screening Program (NSBSP). You do not need referral from a health care provider to book a screening mammogram. **Call 902-473-3960 or 1-800-565-0548**

### WHERE DO I GO?

Mammograms can be done at one of our 11 fixed sites or 30 mobile stops across NS.

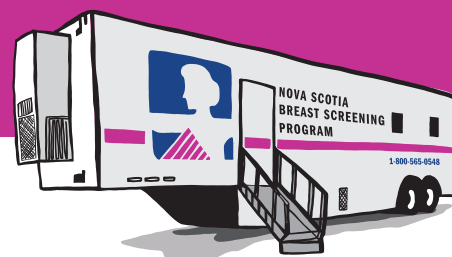
This year's mobile schedule is provided here or you can check **[nsbreastscreening.ca](https://nsbreastscreening.ca)** for a list of NSBSP permanent locations.

### On the Day of Your Appointment:

- > Bring your health card.
- > Wear a 2 piece outfit with a top that buttons up the front. You will be asked to undress from the waist up.
- > Do not use deodorant, powder, creams or lotions on the day of your appointment. These products may show up on the X-ray picture and make it harder to read your mammogram.
- > **Be Breast Aware.** See your health care provider about any new breast symptoms even if you have recently had a normal mammogram.

# Nova Scotia Breast Screening Program

## Screening Mammogram: 2026 Mobile Schedule



COMMUNITY	MOBILE LOCATION	DATES
1. <b>Glace Bay</b>	Glace Bay General Hospital	March 16–April 02
2. <b>New Waterford</b>	New Waterford Consolidated Hospital	April 07–18
3. <b>North Sydney</b>	Northside General Hospital	April 20–May 09
4. <b>Neil's Harbour</b>	Buchanan Memorial Hospital	May 11–14
5. <b>Cheticamp</b>	Sacred Heart Hospital	May 15–23
6. <b>Inverness</b>	Inverness Consolidated Memorial Hospital	May 25–June 03
7. <b>Pictou Landing</b>	Pictou Landing First Nations Health Centre	June 04–05
8. <b>Tatamagouche</b>	Lillian Fraser Memorial Hospital	June 06–10
9. <b>Parrsboro</b>	South Cumberland Community Care Centre	June 11–13
10. <b>Indian Brook</b>	Indian Brook Health Centre	June 15–16
11. <b>Kennetcook</b>	Guardian Pharmacy	June 17–19
12. <b>Hantsport</b>	Glooscap First Nation Health Centre	June 20
13. <b>Middleton</b>	Soldiers Memorial Hospital	June 22–July 18
14. <b>Digby</b>	Digby General Hospital	July 20–August 06
15. <b>Long Island</b>	Royal Canadian Legion	August 07–08
16. <b>Comeauville (Clare)</b>	Radio CIFA Building	August 10–19
17. <b>Shelburne</b>	Roseway Hospital	August 20–29
18. <b>Liverpool</b>	Queens Place Emera Centre	August 31–September 16
19. <b>Caledonia</b>	North Queens Community Health Center	September 17–19
20. <b>North Preston</b>	North Preston Community Centre	September 21–25
21. <b>Sheet Harbour</b>	Eastern Shore Memorial Hospital	September 26–October 03
22. <b>Sherbrooke</b>	St. Mary's Hospital	October 05–06
23. <b>Guysborough</b>	Guysborough Memorial Hospital	October 07–10
24. <b>Canso</b>	Canso Medical Centre	October 13–14
25. <b>Arichat</b>	St. Anne's Community & Nursing Care Centre	October 15–21
26. <b>Cleveland</b>	Strait Richmond Hospital	October 22–November 04
27. <b>Whycocomagh</b>	Waycobah First Nations Health Centre	November 05–07
28. <b>Baddeck</b>	Victoria County Memorial Hospital	November 09–21
29. <b>Eskasoni</b>	Eskasoni Health Center	November 23–28
30. <b>Sydney</b>	Cape Breton Regional Hospital	November 30–March 2027

*\*Dates are subject to change if the program encounters any staffing issues, workload changes or equipment breakdowns.*



**Call 1-800-565-0548 to book an appointment on a date and at a location that is most convenient to you.**

