

Nova Scotia Breast Screening Program

Screening Mammogram: 2026 Mobile Schedule



What is a screening mammogram?

A screening mammogram is two X-ray pictures of each breast performed by a highly trained mammography technologist.

WHY ARE THEY IMPORTANT?

A screening mammogram looks for breast cancer in individuals who do not have breast symptoms. Screening mammograms can find breast cancer in its early stages, even before a lump can be felt. Anyone with symptoms such as a lump or new skin dimpling should see their health care provider immediately to determine if other testing is required.

WHO IS ELIGIBLE?

To be eligible for a screening mammogram, you must have:

- No new breast symptoms
- No breast implants
- No personal history of breast cancer
- Minimum one year since previous mammogram
- Resident of Canada with a valid provincial health card

HOW DO I BOOK ONE?

You can make the appointment yourself by calling the Nova Scotia Breast Screening Program (NSBSP). You do not need referral from a health care provider to book a screening mammogram. **Call 902-473-3960 or 1-800-565-0548**

WHERE DO I GO?

Mammograms can be done at one of our 11 fixed sites or 30 mobile stops across NS.

This year's mobile schedule is provided here or you can check nsbreastscreening.ca for a list of NSBSP permanent locations.

On the Day of Your Appointment:

- > Bring your health card.
- > Wear a 2 piece outfit with a top that buttons up the front. You will be asked to undress from the waist up.
- > Do not use deodorant, powder, creams or lotions on the day of your appointment. These products may show up on the X-ray picture and make it harder to read your mammogram.
- > **Be Breast Aware.** See your health care provider about any new breast symptoms even if you have recently had a normal mammogram.

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| COMMUNITY | MOBILE LOCATION | DATES |
|-------------------------|--|--------------------------|
| 1. Glace Bay | Glace Bay General Hospital | March 16–April 02 |
| 2. New Waterford | New Waterford Consolidated Hospital | April 07–18 |
| 3. North Sydney | Northside General Hospital | April 20 – May 09 |
| 4. Neil's Harbour | Buchanan Memorial Hospital | May 11–14 |
| 5. Cheticamp | Sacred Heart Hospital | May 15–23 |
| 6. Inverness | Inverness Consolidated Memorial Hospital | May 25–June 03 |
| 7. Pictou Landing | Pictou Landing First Nations Health Centre | June 04–05 |
| 8. Tatamagouche | Lillian Fraser Memorial Hospital | June 06–10 |
| 9. Parrsboro | South Cumberland Community Care Centre | June 11–13 |
| 10. Indian Brook | Indian Brook Health Centre | June 15–16 |
| 11. Kennetcook | Guardian Pharmacy | June 17–19 |
| 12. Hantsport | Glooscap First Nation Health Centre | June 20 |
| 13. Middleton | Soldiers Memorial Hospital | June 22–July 18 |
| 14. Digby | Digby General Hospital | July 20–August 06 |
| 15. Long Island | Royal Canadian Legion | August 07–08 |
| 16. Comeauville (Clare) | Radio CIFA Building | August 10–19 |
| 17. Shelburne | Roseway Hospital | August 20–29 |
| 18. Liverpool | Queens Place Emera Centre | August 31 – September 16 |
| 19. Caledonia | North Queens Community Health Center | September 17–19 |
| 20. North Preston | North Preston Community Centre | September 21–25 |
| 21. Sheet Harbour | Eastern Shore Memorial Hospital | September 26–October 03 |
| 22. Sherbrooke | St. Mary's Hospital | October 05–06 |
| 23. Guysborough | Guysborough Memorial Hospital | October 07–10 |
| 24. Canso | Canso Medical Centre | October 13–14 |
| 25. Arichat | St. Anne's Community & Nursing Care Centre | October 15–21 |
| 26. Cleveland | Strait Richmond Hospital | October 22–November 04 |
| 27. Whycocomagh | Waycobah First Nations Health Centre | November 05–07 |
| 28. Baddeck | Victoria County Memorial Hospital | November 09–21 |
| 29. Eskasoni | Eskasoni Health Center | November 23–28 |
| 30. Sydney | Cape Breton Regional Hospital | November 30–March 2027 |

**Dates are subject to change if the program encounters any staffing issues, workload changes or equipment breakdowns.*



Call 1-800-565-0548 to book an appointment on a date and at a location that is most convenient to you.

